About Mayo Clinic Health System

Mayo Clinic Health System consists of clinics, hospitals and other facilities that serve the health care needs of people in more than 60 communities in Iowa, Minnesota and Wisconsin. The community-based providers, paired with the resources and expertise of Mayo Clinic, enable patients in the region to receive the highest-quality health care close to home.

Mayo Transitional Care Locations

Mayo Transitional Care is provided in a hospital setting in these communities:

**Iowa**
- Decorah 563-382-2911

**Minnesota**
- Cannon Falls 507-263-6000
- Lake City 651-345-3321
- New Prague 952-758-4431
- Springfield 507-723-6201
- St. James 507 375 3391
- Waseca 507-835-1210

**Wisconsin**
- Barron 715-537-3186
- Bloomer 715-568-2000
- Osseo 715-597-3121
- Sparta 608-269-2132
If you are recovering from an illness or surgical procedure and no longer need a more complex level of care, you may benefit from Mayo Transitional Care.

Mayo Transitional Care provides you with skilled care by a physician, a nurse and/or therapists in a Mayo Clinic Health System community hospital setting.

Our team includes:
- Physicians
- Physician assistants
- Nurse practitioners
- Registered nurses
- Licensed practical nurses
- Certified nursing assistants
- Social workers
- Physical, occupational, speech and respiratory therapists
- Pharmacists
- Dieticians
- Spiritual Care (when requested)

Your care plan focuses on meeting your physical, spiritual and social needs. We work with you and your family or other caregivers weekly to develop your care plan and ensure it is working for you.

While you are in transitional care, you are encouraged to participate in activities, perform your own daily cares and dress in your own clothes if your condition permits you to do so.

Transitional Care Benefits

In most cases, you will be able to receive transitional care closer to home. This means it’s easier for your family and friends to participate in your recovery process by attending therapy sessions and learning how to help you.

Social Work
Staff will help find equipment and other resources you may need when you return home. If you cannot return home, staff will assist in finding another option for your care.

Activities
Leisure activities and spiritual programs are available.

Specialized Services

Some Mayo Transitional Care sites offer additional specialized services. Examples include care if you need a mechanical ventilator or dialysis.

Your health care team will work with you and your family or other caregivers to help you decide which Mayo Transitional Care community hospital best meets your needs.

Transitional Care Services

24/7 Skilled Nursing Care
Examples of services include wound care; respiratory support, intravenous treatment; cardiac monitoring; pain management, and tube feedings.

Rehabilitation
Therapy programs are available seven days a week.

Rehabilitation services include physical, occupational, speech and respiratory therapies, and cardiac rehabilitation.

Hospital Services
Laboratory, most X-ray and many other services are available to you.