

## About Mayo Clinic Health System

Mayo Clinic Health System consists of clinics, hospitals and other facilities that serve the health care needs of people in more than 60 communities in Iowa, Minnesota and Wisconsin. The community-based providers, paired with the resources and expertise of Mayo Clinic, enable patients in the region to receive the highest-quality health care close to home.

## Mayo Transitional Care Locations

Mayo Transitional Care is provided in a hospital setting in these communities:

### Iowa

Decorah 563-382-2911

### Minnesota

Cannon Falls 507-263-6000

Lake City 651-345-3321

New Prague 952-758-4431

Springfield 507-723-6201

St. James 507 375 3391

Waseca 507-835-1210

### Wisconsin

Barron 715-537-3186

Bloomer 715-568-2000

Osseo 715-597-3121

Sparta 608-269-2132



MAYO CLINIC | [mayoclinic.org](http://mayoclinic.org)  
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## MAYO TRANSITIONAL CARE

The right care, at the right time,  
in the right setting



If you are recovering from an illness or surgical procedure and no longer need a more complex level of care, you may benefit from Mayo Transitional Care.

Mayo Transitional Care provides you with skilled care by a physician, a nurse and/or therapists in a Mayo Clinic Health System community hospital setting.

Our team includes:

- Physicians
- Physician assistants
- Nurse practitioners
- Registered nurses
- Licensed practical nurses
- Certified nursing assistants
- Social workers
- Physical, occupational, speech and respiratory therapists
- Pharmacists
- Dieticians
- Spiritual Care (when requested)

Your care plan focuses on meeting your physical, spiritual and social needs. We work with you and your family or other caregivers weekly to develop your care plan and ensure it is working for you. While you are in transitional care, you are encouraged to participate in activities, perform your own daily cares and dress in your own clothes if your condition permits you to do so.

## Transitional Care Benefits

In most cases, you will be able to receive transitional care closer to home. This means it's easier for your family and friends to participate in your recovery process by attending therapy sessions and learning how to help you.



Transitional care provides you with team-based quality care in a hospital setting with physician hospitalists and 24/7 professional registered nurses. Your room is well-equipped and comfortable, and many transitional care rooms are private.

## Transitional Care Services

### 24/7 Skilled Nursing Care

Examples of services include wound care; respiratory support, intravenous treatment; cardiac monitoring; pain management, and tube feedings.

### Rehabilitation

Therapy programs are available seven days a week.

Rehabilitation services include physical, occupational, speech and respiratory therapies, and cardiac rehabilitation.

### Hospital Services

Laboratory, most X-ray and many other services are available to you.

### Social Work

Staff will help find equipment and other resources you may need when you return home. If you cannot return home, staff will assist in finding another option for your care.

### Activities

Leisure activities and spiritual programs are available.

## Specialized Services

Some Mayo Transitional Care sites offer additional specialized services. Examples include care if you need a mechanical ventilator or dialysis.

Your health care team will work with you and your family or other caregivers to help you decide which Mayo Transitional Care community hospital best meets your needs.

