

# **COMMUNITY REPORT** Mankato 2018

## HIGHLIGHTS

Modernizing facilities, expanding medical and surgical services and prioritizing quality, safety and service This year, Mayo Clinic Health System has continued to transform the Mankato campus into a premier regional medical center, fully integrated with Mayo Clinic in Rochester. Highlights include:

- Started a certified nurse-midwife program, which provides family-centered care to healthy women
- Expanded local neurosurgery program, including expert care for sudden head trauma, back pain and spine needs
- Relocated the Pediatric and Adolescent Medicine
  Department to the Eastridge campus, providing general and specialty pediatric care in an accessible, bright, familyfriendly space
- Opened a new Orthopedics and Sports Medicine clinic at the Mankato hospital
- Began providing facial plastic surgery in Mankato, helping those needing services after an injury, disease or birth defect, or those wanting to remove irregularities or deformities
- Opened a new interventional radiology suite, which allows for complex vascular and surgical patients to receive diagnosis and treatment using the least invasive techniques, minimizing risk and reducing pain and recovery time
- Remodeled Mankato hospital common spaces to be more welcoming and easier to navigate and added an outdoor garden space for both patients and visitors
- Opened fully-integrated endoscopy procedure rooms and pain medicine suites
- Upgraded equipment and technology, including CT scanners, 3D mammography and cardiac imaging equipment
- Invested in expanded operating rooms and pre-andpost-operating patient rooms, all equipped with the most advanced technology and equipment



# CONNECTIONS

Connecting with our community As a not-for-profit health care organization, funds are used to support medical care, education and research. Our employees are actively involved in the community, too, with hundreds of our staff giving back by volunteering at organizations, participating in events, sharing their expertise, and serving on committees and boards. Highlights include:

- Partnered to open the Blue Earth County Child and Family Advocacy Center, which provides a safe space for children, teens, and at-risk adults after experiencing abuse
- Selected as a participant in the Minnesota Clinical Cancer Trials Network, allowing patients to receive experimental cancer treatments closer to home and be part of ongoing research that helps drive new discoveries
- Provided more than \$8 million through our Mankato charity care program, which provides local access to care for all, regardless of ability to pay
- Partnered with Blue Earth and Nicollet County Public Health, and dozens of other organizations, to gather, identify and address local health concerns
- Co-sponsored and presented at two conferences at Minnesota State University, Mankato — "Building a Healthy Community: Innovating Through Partnerships" and the Southern Minnesota Opioid Summit
- Shared expert health and wellness information at organizations such as VINE Faith in Action, the Children's Museum of Southern Minnesota, service groups such as Kiwanis and Rotary, and hosted community health events at River Hills Mall
- Partnered with Mankato Area Public Schools to pilot
  "Wellness Week" to reinforce healthy habits in the classroom and at home



- Provided support for health and wellness at the College of Allied Health and Nursing at Minnesota State University, Mankato, and collaborated with other area academic programs to provide students with opportunities to learn about health care careers
- Supported a more inclusive community by hosting a free, community discussion on diversity, and provided support for the "Promoting Respect" workshops in local schools
- Announced a partnership with the Mankato MoonDogs baseball team to provide orthopedics, sports medicine and athletic training
- Promoted health and literacy through the "Reach Out and Read" program, distributing books at well-child visits
- Encouraged physical activity through sponsorship of the Mankato Marathon, an indoor mall-walking program at River Hills Mall, a climbing wall at the YMCA, the CityArt Walking Sculpture Tour, and trails and equipment at Sibley Park
- Partnered with Bethany Lutheran College to bring health care services to students



#### THE NUMBERS

266,600 CLINIC VISITS

> **34,700** EMERGENCY DEPARTMENT VISITS

#### 11,600 PROCEDURES AND

SURGERIES

**38,700** HOSPITAL INPATIENT DAYS

**1,400** BIRTHS

\$185,000 HOMETOWN HEALTH GRANTS

**3,600** SPECIAL CARE NURSERY DAYS

> **3,500** STAFF VOLUNTEER HOURS



### **HOMETOWN HEALTH**

Supporting area organizations through grants, volunteers and expertise Mayo Clinic Health System "Hometown Health" grants provide support for health and wellness in the community including access to physical activity, access to healthy food and to help meet basic needs. Examples include:

- Supported health-related events and organizations such as the Walk to End Alzheimer's, Walk to Defeat ALS, LEEP Legends, Camp Sweet Life, Relay for Life, One Bright Star, SMILES, GrowMankato, Pedal Past Poverty, VINE Over the Edge, JZ Cancer Fund, and Go Red for Women
- Provided ways for families to be active year-round through the YMCA, Kiwanis Holiday Lights, Girls on the Run, STRIDE and community fun runs
- Helped meet basic needs through support of United Way, Partners for Affordable Housing, Project Community Connect, Salvation Army, Open Door, and Committee Against Domestic Abuse
- Supported healthy youth through collaboration with Mankato Area Public Schools, Children's Museum of Southern Minnesota, Project for Teens, Boys and Girls Club and D.A.R.E.
- Helped provide access to healthy food through support of Feeding Our Communities Partner's BackPack
   Food Program, community food shelves and the North Mankato Farmer's Market

Meeting the needs of the patient in our clinics — and in our community.

Mayo Clinic Health System serves communities by providing the care you and your family need, close to home. Through support of local nonprofit organizations, collaboration, volunteering, support groups, classes, events and expert advice, Mayo Clinic Health System hopes to provide everyone with the opportunity to live well, adopt healthy behaviors and bring meaningful change to our patients and the community.

Mayo Clinic Health System is fully committed to — and proud to be part of — the Greater Mankato community.

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