Where should you go if you need care today?

**Express Care***
18 months–75 years
A walk-in clinic that treats minor medical conditions.
- Allergies
- Bladder infections
- Cold sores
- Ear and eye infections
- Head lice
- Insect and tick bites
- Sinus infections
- Strep throat
- Rashes
- Back or muscle pain
- Cuts and minor burns
- Ear ache
- Skin conditions
- Sprains or joint pain
- Upper respiratory infection and bronchitis
- Urinary tract infections
- Vomiting and diarrhea

**Urgent Care**
Newborn +
Offers same-day minor medical treatment.
- Back or muscle pain
- Cuts and minor burns
- Ear ache
- Skin conditions
- Sprains or joint pain
- Upper respiratory infection and bronchitis
- Urinary tract infections
- Vomiting and diarrhea

**Emergency Department**
Newborn +
Delivers care for severe and life-threatening situations that require immediate medical attention.
- Chest pain or pressure
- Head injuries
- Seizures
- Severe abdominal pain
- Shortness of breath or pneumonia
- Sudden, severe headaches, paralysis or weakness
- Uncontrolled bleeding
- Anxiety/Depression

**When should you call 911?**
Don’t drive yourself to the Emergency Department for these symptoms. Call 911 right away!
- Life- or limb-threatening injury
- Shortness of breath or difficulty breathing
- Signs of stroke, including sudden numbness, slurred speech, severe headache, weakness on one side of the face or loss of consciousness
- Signs of a heart attack, including chest pain, pain in the left arm or jaw, sudden weakness or dizziness

Visit our website for a complete list of treatment locations.
mayoclinichealthsystem.org

*In communities without Mayo Clinic Health System Express Care, patients can receive treatment for their minor medical conditions at Urgent Care.