MAYO CLINIC HEALTH SYSTEM

Mayo Clinic Health System — Southeast Minnesota

COMMUNITY IMPACT REPORT

2021

Mayo Clinic Health System
INVESTED
$2 million
in community support

MAYO CLINIC
HEALTH SYSTEM

Mayo Clinic Health System
awarded more than
$350,000
to
90
ORGANIZATIONS

Mayo Clinic Health System is a nonprofit health care organization committed to improving the quality of life, health and well-being of the community.

Mayo Clinic Health System's Southeast Minnesota region serves Albert Lea, Austin, Cannon Falls, Fairbault, Lake City, Owatonna and Red Wing as well as surrouding communities and contributes to efforts that align with the priorities from the Community Health Needs Assessment:

- Improve mental well-being
- Address chronic disease prevention and management
- Improve access to care
- Prevent substance misuse

Community Involvement

Mayo Clinic Health System is involved in the community in a variety of ways. Examples include:

- Contributed more than 15,000 hours of staff time in the form of community presentations, board service, student teaching and mentoring, and committee work
- Held the "Women and Well-Being" webinar to discuss the importance of preventive care during COVID-19 and finding strength when faced with a medical diagnosis
- Hosted chronic disease prevention webinars and presented preventive health information at the Steele and Freeborn county fairs
- Hosted the Fall Into Wellness and Discover Gratitude self-guided virtual programs
- Raised $47,000 for the United Way Workplace Giving campaign to support programs in Dodge, Freeborn, Mower, Rice, Steele, and Goodhue, Wabasha and Pierce counties

Community Investments

Through the Community Giving Program, Mayo Clinic Health System awarded grants to more than 90 organizations, including:

- Albert Lea Family YMCA
- Friends of the Ellsworth Public Library
- Hope and Harbor Homeless Shelter
- Hormel Institute Breast Cancer Research
- Red Wing Youth Outreach Program
- Steele County Transitional Housing

Community Partnerships

Mayo Clinic Health System partners with more than 500 stakeholders and organizations throughout the region, including MN State Health Improvement Program coordinators, chambers of commerce, United Way, local public health departments and schools and workforce development.

Examples include:

- Expanded the Bridges to Health Care program to Albert Lea, Austin and Owatonna to increase health care profession opportunities
- Explored ways to better involve people from rural communities in health research initiatives
- Hosted roundtable discussions with local elected officials and key community stakeholders
- Participated in regional groups, such as the Disaster Coalition, Greater Minnesota Partnership, the Minnesota Rural Health Conference and SEMN Together
- Regularly communicated accurate and timely information to more than 600 key contacts on topics such as stroke awareness, HPV prevention and managing through the COVID-19 pandemic

COVID-19 Pandemic Response

Mayo Clinic Health System continued responding to the COVID-19 pandemic. Examples include:

- Supported the rollout and uptake of vaccines, including efforts for people with additional barriers such as language, transportation and access
- Worked with community partners to provide educational resources in Karen, Kayah, Spanish and Somali
- Hosted webinars and attended community events and meetings to answer community questions

Practice Highlights

Community Engagement supported the medical practice in many important ways. Examples include:

- Supported the introduction of the mobile health clinic to Blooming Prairie and Kenyon
- Celebrated the grand opening of the Medical-Surgical unit and the Family Birth Center in Austin, which serves Freeborn and Mower counties and surrounding areas
- Partnered with C.A.R.E. Clinic, The Center Clinic and HealthFinders Collaborative to meet needs of historically marginalized groups

For more information about Mayo Clinic Health System's impact on the community, scan the QR code or visit mayoclinichealthsystem.org and search for "Community Engagement."