

# Community Health Needs Assessment 2022

Mayo Clinic Health System-St. James





# **Table of contents**

#### **SECTION 1 - Executive Summary**

- 4 Enterprise Overview
- 5 Entity Overview
- 6 Summary of Community Health Needs Assessment

#### **SECTION 2 - Our Community**

8 Demographic Overview

#### SECTION 3 - Assessing the Needs of the Community

- 10 Community Input
- 10 Process and Methods

#### SECTION 4 - Addressing the Needs of the Community

- 13 Identified Health Needs
- 17 Prioritization Process and Criteria
- 17 Available Resources within the Community to Address the Identified Needs

#### SECTION 5 - Evaluation of Prior CHNA and Implementation

18 Evaluation of impact since previous CHNA

#### **Appendices**



# **List of Appendices**

- 21 Appendix A Southern Minnesota Needs Assessment
- 22 Appendix B Community survey results
- 33 Appendix C Community survey promotional materials
- 34 Appendix D Feedback and prioritization by community stakeholders



# **Executive Summary**

# **Enterprise Overview**



#### **MAYO CLINIC**

Mayo Clinic is a not-for-profit organization with a mission to inspire hope and promote health through integrated clinical practice, education and research. Mayo Clinic serves more than 1.4 million patients annually from every U.S. state and communities throughout the world, offering a full spectrum of care from health information, preventive, and primary care to the most complex medical care possible. Mayo Clinic provides these services at many campuses and facilities, including hospitals located in communities in Arizona, Florida, Minnesota and Wisconsin.

#### **COMMITMENT TO COMMUNITY**

Through its interdisciplinary expertise in medical practice, research and education, Mayo Clinic serves communities everywhere. Mayo Clinic reinvests its net operating income to advance breakthroughs in diagnoses, treatments and cures for all varieties and complexity of human disease and quickly translates this new knowledge to advance the practice of medicine. One example illuminating this is how Mayo Clinic responded to the COVID-19 pandemic, which intensified existing community health needs. Mayo Clinic's front-line and virtual teams cared for more than 160,000 patients with COVID-19 in 2021. Mayo staff tested more than 1.1 million



people for COVID-19, administered more than 500,000 COVID-19 vaccinations, and provided more than 19,000 monoclonal antibody infusions. In addition to its extensive medical, public health and research response, Mayo Clinic also cared for broader aspects of community need, including assistance to local non-profits, schools and government agencies, human service collaborative efforts and small local businesses to help stabilize and sustain the economies of its local communities.

# **Entity Overview**

Mayo Clinic Health System (MCHS) was created to fulfill Mayo Clinic's commitment to bring quality health care to local communities. MCHS is a family of clinics, hospitals and health care facilities serving more than 44 communities in Iowa, Minnesota and Wisconsin. It includes more than 900 providers serving more than half a million patients each year. As part of Mayo Clinic, MCHS provides a full spectrum of health care options to local neighborhoods, ranging from primary to highly specialized care. MCHS is recognized as one of the most successful regional health care systems in the U.S.

MCHS was developed to bring a new kind of health care to communities. By putting together integrated teams of local doctors and medical experts, we have opened the door to information sharing in a way that allows us to keep our family, friends and neighbors healthier than ever before.

The system also provides patients with access to cutting-edge research, technology and resources. Our communities have the peace of mind that their neighbors are working together around the clock on their behalf.

MCHS in St. James is a 25-bed, critical-access hospital located in St. James, Minnesota. St. James is part of the Southwest Minnesota region of MCHS, which includes family medicine clinic in St. James, as well as hospitals in New Prague, Mankato, Fairmont and Waseca.

Dedicated to putting the needs of our patients first, MCHS in St. James promotes health and wellness in the community through inpatient and outpatient services; education through blog postings, articles and presentations; staff volunteerism and community giving.

In 2021, MCHS in St. James provided over \$1 million in charity care, giving local access to care to all, regardless of ability to pay. The hospital also contributed \$8,700 Hometown Health grants to organizations, such as Uniting Cultures, St. James Public Schools, and youth sports organizations.

In addition, Mayo Clinic Health System in St. James supported health and wellness in the community by hosting a career exploration class for area high school students. The



organization also provided nutrition outreach through grocery store tours, virtual webinars addressing COVID 19, resiliency and health eating.

St. James also hosted community wellness challenges on Slim Your Screentime and Wellbeing. Health education is also communicated through blog postings, newsletter articles and presentations.

The MCHS Community Health Needs Assessment (CHNA) process advances and strengthens our commitment to health and wellness activities by focusing on high-priority needs — in our clinics and in our community.

# **Summary of the Health Needs Assessment**

Mayo Clinic Health System in Southwest Minnesota used a systematic process to evaluate the health needs of our communities and determine health priorities.

The primary quantitative input into the assessment and prioritization process was the Southern Minnesota Needs Assessment report. This report was created by Joe Visker, PhD, Minnesota State University-Mankato. This report includes analysis of existing data gathered from a variety of sources, such as census data, government reports, health department statistics and school surveys.

The primary qualitative input into the process was the collection of community input through a community health survey that was distributed through community events and activities, in partnership with local community-based organizations, as well as distributed through social media. Participants were asked to complete a two-minute survey asking about their own health concerns, community health concerns and demographics. Events/activities with typically underserved populations were targeted. More than 800 people took the survey throughout the region. Local public health departments reviewed and provided input on the survey questions during the development process. In addition, a prioritization survey was conducted with community stakeholders from local government, healthcare and nonprofit leaders with 36 of 57 individuals responding.



# St. James Community

#### **GEOGRAPHIC LOCATION**

MCHS in St. James primarily serves communities in Watonwan County and portions of Blue Earth, Brown, Cottonwood and Martin counties in southwestern Minnesota. The main medical campus is in St. James and consists of a family medicine clinic and critical-access hospital, which is one of two hospitals in Watonwan County. Although MCHS in St. James serves patients from the other counties, the majority (39%) are from Watonwan County. For purposes of the CHNA, the community is defined as Watonwan County.





#### **DEMOGRAPHICS**

#### Population (2019)

 $So\,unce: https://www.health.state.mn.us/data/mchs/genstats/countytables/MNCountyHealthTables2019.pdf$ 

						Age Group						
	Sex	√1	4-Jan	9-May	14-0ct	15-19	20-34	35-49	50-64	65-79	80+	Total
St. La	F	33,017	138,606	177,252	181,522	176,831	547,682	519866	553,868	361,287	139,980	2,829,821
State	М	34,612	145,387	185,594	188,225	184,300	570,863	534,554	547,071	328,583	90,622	2,809,811
Watonwan	F	79	312	357	380	355	865	869	1,125	730	438	5,510
watonwan	М	82	320	356	324	358	931	914	1,036	771	295	5,387

#### Race and Ethnicity (2019)

#### Socioeconomic Data (2019)

So urce: https://www.health.state.mn.us/data/mchs/genstats/countytables/MNCountyHealthTables2019.pdf

		Percent (%) of:					
	Population 25+ years with < high school or GED	People of allages living at or below 200% of poverty	Children < 18 in single parent households				
State	6.9	23.7	26				
Watonwan	15.5	32.5	29				

Highlighted cells indicate percentage is higher than state percentage.

#### Minnesota Medical Assistance - Average Monthly Eligible (2019)

Source: https://www.health.state.mn.us/data/mchs/genstats/countytables/MNCountyHealthTables2019.pdf

	All Families and Children	Adults with No Children	Elderly	Disabled	Total
State	709,837	201,942	66,740	113,919	1,092,438
Watonwan	1,718	278	163	233	2,392



#### Median Income (2019)

So urce: https://www.co.untyhealthrankings.org/app/minnesota/2021/measure/factors/63/data

Area	Median Income (\$)
State	74,500
Watonwan	57,300

#### Limited English Proficiency (LEP) (2015)

Source: https://www.lep.gov/maps/lma2015/Final\_508

Area	Total LEP (n)	Total LEP %
State	212,464	4.252
Watonwan	994	9.55

\*Highlighted cells indicate percent is higher than state percent.



# **Assessing the Needs of the Community**

In 2019, Mayo Clinic Health System in St. James identified and prioritized community health needs in Watonwan County through a comprehensive process that included input from local community and organization leaders, public health officials and hospital leadership. The 2019 Community Health Needs Assessment final report has been posted on the MCHS in St. James "Community Engagement" internet page for public review and comment. A link for questions and comments was clearly identified on the CHNA report page. However, no comments have been submitted.

In 2022, the Mayo Clinic Health System in Southwest Minnesota CHNA process was led by an internal MCHS work group with members from community relations and site leadership; input was provided by regional health system leadership and practice operations. This interdisciplinary work group viewed the community health needs assessment as an opportunity to better understand known health care needs and, if possible, identify emerging needs within each of the five MCHS communities in the Southwest Minnesota region — Fairmont, Mankato, New Prague, St. James and Waseca.

#### **COMMUNITY INPUT**

Community input was received at numerous stages and from a variety of levels of leadership throughout the CHNA process. Mayo Clinic Health System created a community survey and received feedback and input from local public health during the development process. The community survey was primarily distributed through collaboration with local nonprofits and public health officials, as well as through social media networks. More than 800 people took the survey throughout the region. In addition, a prioritization survey was conducted with community stakeholders from local government, healthcare, and nonprofit leaders with 36 of 57 individuals responding. Results from prioritization are shared in Appendix D.

## **Process and Methods**

Primary quantitative data was collected and analyzed by Minnesota State University, Mankato Health Science department, led by Dr. Joseph Visker. Dr. Visker and his team pulled data from



a variety of publicly available sources for the 11 regional counties included in the Southwest and Southeast Minnesota assessment. The full data report and all sources are available in the Southern Minnesota Needs Assessment (Appendix A) prepared by Dr. Visker.

A community survey was distributed to the communities we serve. The survey asked two main community health questions and asked for additional demographic information. Local county public health officials reviewed and helped develop the survey questions in collaboration with Mayo Clinic Health System. The full survey and results are available in Appendix B. The questions asked were:

- 1. In thinking about <u>your own</u> health and well-being what concerns you most? Select up to three
  - a. Access to health care
  - b. Access to healthy foods
  - c. Alcohol, tobacco, vaping and other drug use
  - d. Chronic disease (e.g. Cancer, Diabetes, etc)
  - e. Finances
  - f. Housing
  - g. Physical exercise
  - h. Social support and connection (e.g. persons or organizations who provide physical or emotional support)
  - i. Sense of safety (e.g. in your house, with spouse or family members, etc)
  - i. Sleep
  - k. Stress, anxiety or depression
  - I. Transportation
- 2. In thinking about your community, what concerns you most? Select up to three.
  - a. Access to health care services
  - b. Access to Internet (e.g. cell phone, broadband)
  - c. Basic needs (food, housing, etc)
  - d. Mental health
  - e. Opportunities for recreation, leisure & arts
  - f. Poverty
  - g. Public safety
  - h. Racism and discrimination
  - i. Social support (e.g. persons or organizations who provide physical or emotional support)
  - j. Transportation
  - k. Other

Community outreach prioritized input from traditionally underrepresented, medically underserved, low-income and minority populations. Examples of this outreach included



surveys distributed at the local library, promoting the survey on social media through Watonwon County and distribution by Community Health Workers at MCHS in St. James. More than 800 people took the survey throughout the Southwest Minnesota region between February 1, 2022 – June 30, 2022. Promotional materials for the community survey and examples of community outreach are shared in Appendix C. In addition, a prioritization survey was conducted with community stakeholders from local government, healthcare and nonprofit leaders with 36 of 57 individuals responding. Results from prioritization is shared in Appendix D.



# Addressing the Needs of the Community

## **Identified Health Needs**



After completing an extensive analysis of the data available and community input, the top community health needs were identified by MCHS in St. James. Each of these focus areas are equally important, however, they have been ranked by priority:

- 1. Mental health/mental well-being
- 2. Addressing social determinants of health

#### Mental health

This focus area refers to the services and support needed to address how we think, act and feel as we cope with life. Mental health is essential for personal well-being, caring for family, interpersonal relationships and meaningful contributions to society. Mental health conditions may include, but are not limited to, depression, anxiety and post-traumatic stress disorder.

Data highlights:





### More than half of Americans report that COVID-19 has had a negative impact on their mental health.

In February 2021, 37.2% of adults in Minnesota reported symptoms of anxiety or depression.

16.6% were unable to get needed counseling or therapy.

https://www.nami.org/NAMI/media/NAMI-Media/StateFactSheets/MinnesotaStateFactSheet.pdf

Ever been treated for a mental health, emotional, or behavior problem (8<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grade) (2019)

So urce: https://public.edu.cation.mn.gov/MDEAnalytics/DataTopic.jsp?TOPICID=11

		8 <sup>th</sup> Grade		9 <sup>th</sup> Grade		11 <sup>th</sup> Grade	
		(%)		(%)		(%)	
		Male	Female	Male	Female	Male	Female
State	Yes, during the last year	10	15	10	19	12	24
State	Yes, more than a year ago	10	10	11	12	11	16
Watonwan	Yes, during the last year	4	10	7	10	10	8
watonwan	Yes, more than a year ago	9	4	5	4	12	22

Highlighted cells indicate percentage is higher than state percentage.

#### Average number of mentally unhealthy days reported in the last 30 days (2019)

Source: https://www.countyhealthrankings.org/app/minnesota/2022/measure/outcomes/42/data

Area	Average # of Mentally Unhealthy Days
State	4
Watonwan	4.1

<sup>\*</sup>Highlighted cells indicate percentage is higher than state percentage.



Students reporting they did something to purposely hurt or injure themselves without wanting to die (such as cutting, burning, or bruising, ; Students reporting high distress levels for internalizing disorders & Students reporting high distress levels for externalizing disorders (8<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grade)

Source: http://www.sumn.org/data/location

	Students reporting they did something to purposefully hurt or injure themselves without wanting to die (such as cutting, burning, or bruising (8 <sup>th</sup> , 9 <sup>th</sup> , and 11 <sup>th</sup> grade - Total) (n and %)**		Students reporting high distress for internalizing disorders (8 <sup>th</sup> , 9 <sup>th</sup> , and 11 <sup>th</sup> grade - total) (n and %)***		Students reporting high distress for externalizing disorders (8 <sup>th</sup> , 9 <sup>th</sup> , and 11 <sup>th</sup> grade - total) (n and %)***	
	%	n	%	n	%	n
State	15.60%	17,804	27.20%	30,523	30.60%	34,536
Watonwan	17.00%	62	37.40%	89	26.60%	63

<sup>\*</sup> Highlighted cells indicate percentage is higher than state percentage

#### Mental Health Provider Ratio (n:1) (2020); Number of Mental Health Providers (2020)

Source: https://www.countyhealthrankings.org/app/minnesota/2022/measure/factors/62/map

Area	Mental Health Provider Ratio#:1	# of Mental Health Providers
State	370	-
Watonwan	1,360	8

Highlighted cells indicate ratio is higher than state ratio

#### Addressing social determinants of health

This focus area refers to social determinants of health (SDOH) which are the non-medical factors that influence health outcomes. They are the conditions in which people are born, grow, work, live, and age - examples include access to food, housing and transportation. Addressing patient's basic needs has been shown to improve their health outcomes.

<sup>\*\*</sup> Year of data: 2016

<sup>\*\*\*</sup> Year of data: 2013



#### Individuals Below the Poverty Level (2019-2020)

.]https://www.mncompass.org/economy#1-15295.g (County: 2020 & State: 2019); (2) https://data.web.health.state.mn.us/web/mndata/poverty\_ba

Area	Individuals Below the Poverty Level (%)	Children (0-17) Below the Poverty Level (%)(1)	Children (<18) Living in Poverty (%)(2)
State	8.3	0-4 Years: 11.2 5-17 Years: 11.2	11.2
Watonwan	9.7	12.5	20.8

<sup>\*</sup>Highlighted cells indicate percentage is higher than state percentage.

#### Food Insecurity (2019)

Source: https://www.co.untyhealthrankings.org/app/minnesota/2022/measure/factors/139/data?sort=sc-0

Area	Population Who Lack Adequate Access to Food
	n(%)
State	*(8)
Watonwan	980(9)

<sup>\*</sup>Highlighted cells indicate percentage is higher than state percentage.

#### Availability of Wireline Broadband Service (2021)

Source: https://mn.gov/deed/programs-services/broadband/maps/data.jsp

	Households Served (%)*
State	91.79
Watonwan	77.17

<sup>\*</sup> Estimated availability of wireline broadband service served by at least 25 Mbps Download/3Mbps Upload

<sup>\*\*</sup> Highlighted cells indicate rate is lower than state rate.



#### Graduation Rate (2020)

Source: https://www.mncompass.org/chart/k177/high-school graduation#4 6080-d

	Graduation Rate (%)
State	83.8
Watonwan	78.3

<sup>\*</sup> Highlighted cells indicate rate is lower than state rate.

## **Prioritization Process and Criteria**

The Mayo Clinic Health System Southwest Minnesota Regional Administrative team, made up of practice operations and nursing leaders, was presented data, community feedback and criteria to consider when selecting health concerns to address for 2023-2025 at their meeting on July 27, 2022. Using the following criteria: Strategies identified; resources that will be available (time, talent and treasure); influence to make community change/impact; and community acceptability (based on gathered community input), the group voted 44 attendees out of 45 to move forward with Mental Health and Addressing social determinants of health as the selected health concerns for 2023-2025.

Other needs considered were healthcare access, substance abuse and chronic disease. These needs will be addressed through our two selected health concerns – mental health and addressing social determinants of health - but given limited resources and other organizations working to address these other needs, they will not be addressed as selected health concerns on this report.

# **Available Resources within the Community**

#### Mental health:

- Eunoia Family Resource Center, St. James
- Sioux Trails Mental Health Center, St. James
- Crisis Line: 800-247-2809
- Life Dimensions Counseling, LLC



- Madelia Community Hospital & Clinic
- Watonwan County Human Services
- South Central VA Clinic
- South Central Crisis Center

#### Social Determinants of Health:

- Food assistance, including, but not limited to, Watonwan County Food Shelf, Mountain Lake Community Food Shelf and free and reduced school nutrition programs.
- Housing assistance, including, but not limited to, Minnesota Valley Action Council, Watonwan County Human Services and area assisted living facilities.
- Transportation assistance, including, but not limited to, Take Me There (TMT),
  Wellspiring Senior Transportation and Veteran Service Offices.
- Substance use, including, but not limited to, Alcoholics Anonymous, Brown County Detox Center, House of Hope, Narcotics Anonymous, and QUITPLAN
- Financial strain, including, but not limited to, county Human Services departments, Minnesota Department of Human Services, and Minnesota Valley Action Council

# **Evaluation of Prior CHNA and Implementation Strategy**

Prioritized health needs from the 2019 CHNA included:

- Mental Health
- Substance Abuse
- Chronic Disease with Obesity

#### Updates on strategy accomplishments

Below are some of the key implementation actions taken to address the prioritized health needs from the 2019 CHNA. The intended impact of committing financial and human resources to conduct such actions was to provide awareness, education, and assistance to the community in order reduce occurrences of issues related to mental health, substance abuse and chronic disease.



The COVID-19 pandemic made it difficult to implement several of the events and activities we had planned. We instead engaged with communities through virtual platforms.

#### Mental Health

- Held two separate three-part resiliency series webinars to provide tools and resources to build resiliency and address mental health.
- Provided funding for school counselors, non-profit leaders and others to go through stress management and resiliency train the trainer program to bring resiliency to their organizations and clients. As part of this initiative, we developed a SWMN resiliency cohort with these trainers to share best practices and updates quarterly. Individuals were trained from St. James, Madelia and Butterfield schools.
- In conjunction with other MCHS sites, hosted annual virtual Discover Gratitude challenge for the community which included virtual webinars and a printable journal.
- Active participant in the Watonwan County Mental Health Coalition addressing mental health and ACES.
- Distributed well-being kits to adults in partnership with Meals on Wheels during the COVID-19 pandemic
- Conducted Slim Your Screen time community virtual challenge to encourage all ages to play, explore and connect without social media.
- Sponsored and designed a full-page magazine piece "Use your Imagination" for Kids Creative Magazine reaching 2,000 households in Watonwan and Martin County.
- Active participant of the Watonwan County Children' Cabinet addressing ACES in Watonwan County.
- Provide informational packets to participants of the school Care Fairs held in St. James, Madelia and Butterfield Odin. Educational resources provided for youth and adults on Using Your Imagination and Raising Resilient Children.

#### Substance Abuse

- Provided 25 sets of posters to area schools and businesses to educate on the dangers of vaping.
- Active representation on the Watonwan County Community Leadership Team for Statewide Health Improve Plan (SHIP) which addresses point of sale tobacco sales and smoking in multi-unit housing.

#### Chronic Disease

• Continued to expand Community Health Worker program to improve health conditions related to chronic disease.



- Integrated Find Help's community resource database into our electronic health records to help provide just-in-time resources to providers for identified social determinants of health.
- Conducted monthly long community wellness challenge including weekly wellness webinars. The challenge addressed the key elements of well-being: eat well, move daily, relax, sleep, discover and maintain.
- Active representation on the Watonwan County Community Leadership Team for SHIP which addresses healthy eating in communities, active communities and worksite wellness
- Two staff members serve on the Watonwan County Public Health advisory committee.
- Two staff members serve on Uniting Cultures/Uniendo Culturas working to unite people and communities by removing barriers through sharing, learning collaboration and action.

#### All focus areas

- Disseminated health education through the media, including TV segments, print media, social media, online blogs and the MCHS *Hometown Health* publication.
- Committed \$8,700 annually to local nonprofits through our Hometown Health Grants for improving health and wellness in our communities.

The COVID-19 pandemic intensified and complicated efforts to address these health priorities. Despite the actions taken since 2020 to address mental health, substance abuse and chronic disease, they continue to be health concerns within the community. Mayo Clinic Health System in St. James will continue to address these needs where they overlap with the prioritized health needs identified in the current 2022 CHNA.



# **Appendix A: Southern Minnesota Needs Assessment**

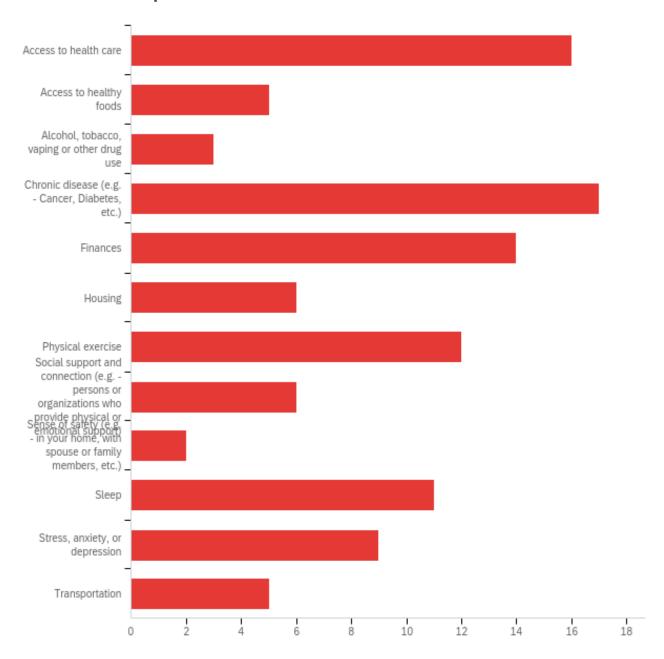
Prepared by: Joseph D. Visker, PhD, MCHES®, FESG, Minnesota State University, Mankato





# **Appendix B: Community Survey Results**

Q1 - In thinking about your own health and well-being what concerns you most? Select up to three.

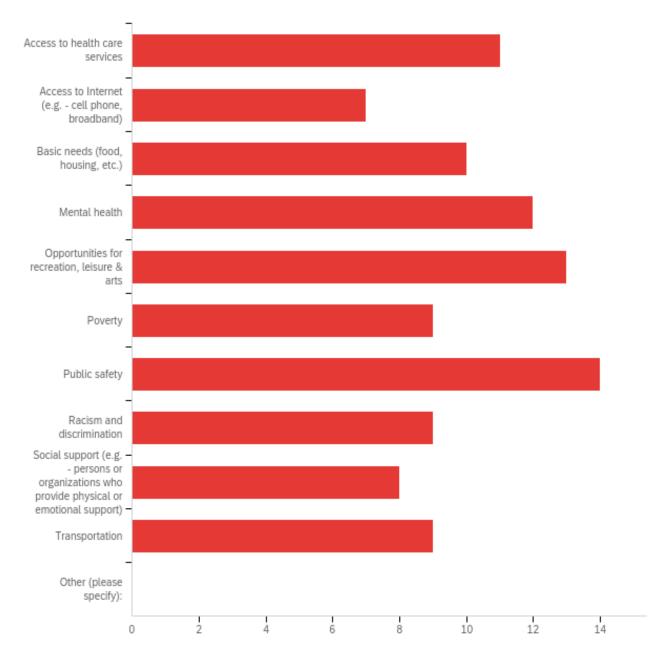




#	Answer	%	Count
1	Access to health care	15.09%	16
2	Access to healthy foods	4.72%	5
3	Alcohol, tobacco, vaping or other drug use	2.83%	3
4	Chronic disease (e.g Cancer, Diabetes, etc.)	16.04%	17
5	Finances	13.21%	14
6	Housing	5.66%	6
7	Physical exercise	11.32%	12
8	Social support and connection (e.g persons or organizations who provide physical or emotional support)	5.66%	6
9	Sense of safety (e.g in your home, with spouse or family members, etc.)	1.89%	2
10	Sleep	10.38%	11
11	Stress, anxiety, or depression	8.49%	9
12	Transportation	4.72%	5
	Total	100%	106



# Q2 - In thinking about your community, what concerns you most? Select up to three.



#	Answer	%	Count
1	Access to health care services	10.78%	11

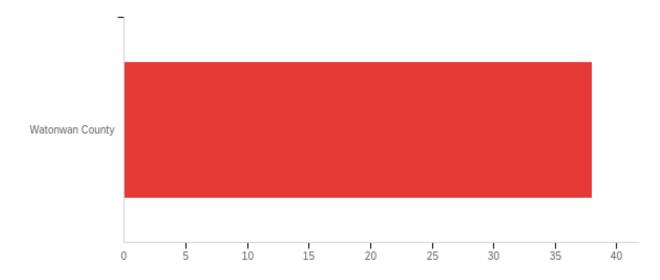


2	Access to Internet (e.g cell phone, broadband)	6.86%	7
3	Basic needs (food, housing, etc.)	9.80%	10
4	Mental health	11.76%	12
5	Opportunities for recreation, leisure & arts	12.75%	13
6	Poverty	8.82%	9
7	Public safety	13.73%	14
8	Racism and discrimination	8.82%	9
9	Social support (e.g persons or organizations who provide physical or emotional support)	7.84%	8
10	Transportation	8.82%	9
11	Other (please specify):	0.00%	0
	Total	100%	102

Q2\_11\_TEXT - Other (please specify): Other (please specify): - Text



# Q3 - 1. Where do you live?

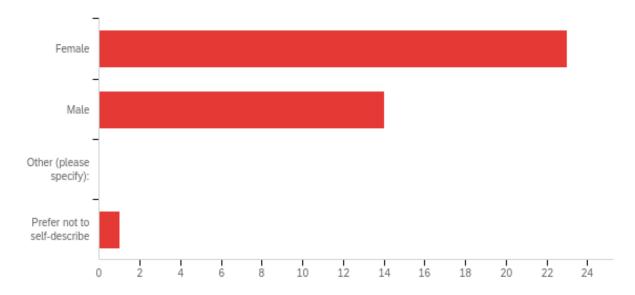


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	1. Where do you live?	7.00	7.00	7.00	0.00	0.00	38

#	Answer	%	Count
1	Watonwan County	100.00%	38
	Total	100%	38



# Q4 - What is your gender?



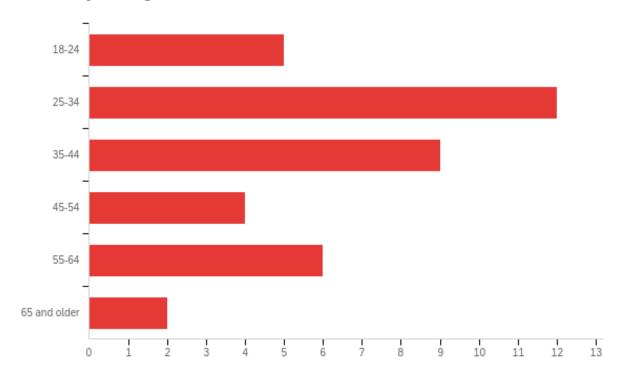
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	What is your gender? - Selected Choice	1.00	4.00	1.45	0.64	0.41	38

#	Answer	%	Count
1	Female	60.53%	23
2	Male	36.84%	14
3	Other (please specify):	0.00%	0
4	Prefer not to self-describe	2.63%	1
	Total	100%	38

Q4\_3\_TEXT - Other (please specify): Other (please specify): - Text



# Q5 - What is your age?



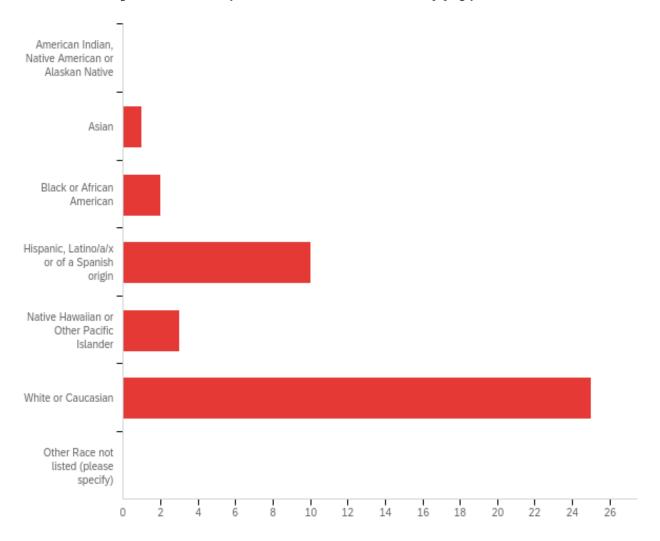
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	What is your age?	1.00	6.00	3.00	1.43	2.05	38

#	Answer	%	Count
1	18-24	13.16%	5
2	25-34	31.58%	12
3	35-44	23.68%	9
4	45-54	10.53%	4
5	55-64	15.79%	6



6	65 and older	5.26%	2
	Total	100%	38

## Q6 - What is your Race? (Please check all that apply)



#	Answer	%	Count
1	American Indian, Native American or Alaskan Native	0.00%	0
2	Asian	2.44%	1
3	Black or African American	4.88%	2

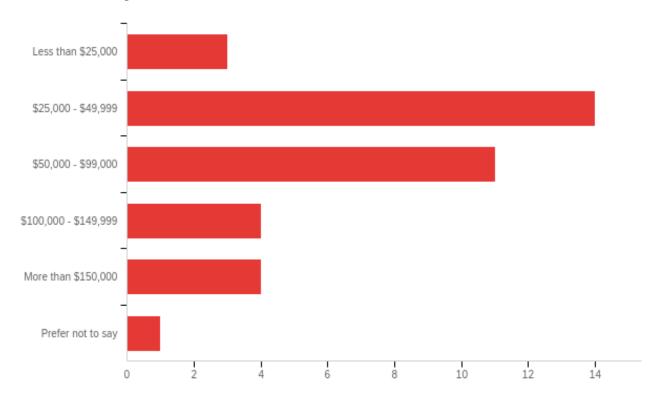


4	Hispanic, Latino/a/x or of a Spanish origin	24.39%	10
5	Native Hawaiian or Other Pacific Islander	7.32%	3
6	White or Caucasian	60.98%	25
7	Other Race not listed (please specify)	0.00%	0
	Total	100%	41

Q6\_7\_TEXT - Other Race not listed (please specify) Other Race not listed (please specify) - Text



# Q7 - What is your total annual household income?



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	What is your total annual household income?	1.00	6.00	2.86	1.21	1.47	37

#	Answer	%	Count
1	Less than \$25,000	8.11%	3
2	\$25,000 - \$49,999	37.84%	14
3	\$50,000 - \$99,000	29.73%	11
4	\$100,000 - \$149,999	10.81%	4
5	More than \$150,000	10.81%	4



6	Prefer not to say	2.70%	1
	Total	100%	37



## **Appendix C: Community Survey Promotional Materials**



## Let your voice be heard

Take a minute to complete a survey about health in the community and be entered for a chance to win a \$25 Visa gift card. The drawing will be held in March.

Go to mayoclinichealthsystem.org/chna or scan the QR code to complete the survey.



## Haga oir su voz

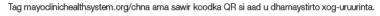
Tómese un minuto para responder una encuesta sobre la salud en la comunidad y tener la oportunidad de ganar una tarjeta Visa de regalo de \$25. El sorteo se hará en Marzo.

Vaya a mayoclinichealthsystem.org/chna o escanee el código QR para responder la encuesta.



## Codkaaga ha noqdo mid la maqlo

Qaado hal daqiiqo si aad u dhammaystirto xog-uruurinta ku saabsan caafimaadka bulshada oo lagu galo fursad aad ku guulaysan karto \$25 oo ah kaarka hadiyadda ee Visa. Isku aadinta waxaa la qaban doonaa Maarso.





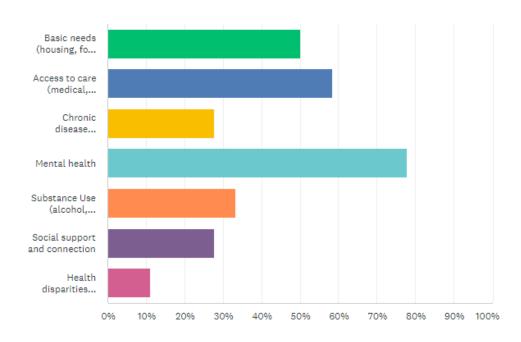
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# Appendix D: Feedback and prioritization by community stakeholders

Which of the following community health needs do you feel are most important to address right now? (Pick up to 3 please)





ANSWER CHOICES	•	RESPONSES	•
▼ Basic needs (housing, food access, etc.)		50.00%	18
▼ Access to care (medical, dental, mental)		58.33%	21
▼ Chronic disease (cancer, obesity, diabetes, etc.)		27.78%	10
▼ Mental health		77.78%	28
▼ Substance Use (alcohol, drugs, tobacco, etc.)		33.33%	12
▼ Social support and connection		27.78%	10
▼ Health disparities (Preventable differences experienced by socially disadvantaged populations)		11.11%	4
Total Respondents: 36			

