

Community Health Needs Assessment



Mayo Clinic Health System in Mankato 2020-2022

September 2019

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Executive Summary

Mayo Clinic is a nonprofit, worldwide leader in patient care, research and medical education, with nearly 150 years of expertise. Each year, Mayo Clinic serves more than 1 million patients from communities throughout the world, offering a full spectrum of care from health information, preventive and primary care to the most complex medical care possible. Mayo Clinic provides these services at many campuses and facilities, including 24 hospitals in communities in the United States, including Arizona, Florida, Iowa, Minnesota and Wisconsin.

A significant benefit that Mayo Clinic provides to all communities, local and global, is the results of its education and research endeavors. Mayo Clinic reinvests its net operating income to advance breakthroughs in treatments and cures for all types of human disease, and quickly brings this new knowledge to patient care. With its expertise and mission in integrated, multidisciplinary medicine and academic activities, Mayo Clinic is uniquely positioned to advance medicine and bring discovery to practice more efficiently and effectively.

In addition, through its Centers for the Science of Health Care Delivery and Population Health Management, Mayo Clinic explores and advances affordable, effective models to improve quality, efficiency and accessibility in health care delivery to people everywhere.

Mayo Clinic's greatest strength is translating idealism into action. It's what our staff does every day for our patients, and it's how we transform hope into healing.

Entity Overview

Mayo Clinic Health System (MCHS) was created to fulfill Mayo Clinic's commitment to bring quality health care to local communities. MCHS is a family of clinics, hospitals and health care facilities serving more than 70 communities in Iowa, Minnesota and Wisconsin. It includes more than 900 providers serving more than half a million patients each year. As part of Mayo Clinic, MCHS provides a full spectrum of health care options to local neighborhoods, ranging from primary to highly specialized care. MCHS is recognized as one of the most successful regional health care systems in the U.S.

MCHS was developed to bring a new kind of health care to communities. By putting together integrated teams of local doctors and medical experts, we've opened the door to information sharing in a way that allows us to keep our family, friends and neighbors healthier than ever before.

The system also provides patients with access to cutting-edge research, technology and resources. Our communities have the peace of mind that their neighbors are working together around the clock on their behalf.

MCHS in Mankato is a 272-bed, acute-care hospital located in Mankato, Minnesota. Mankato is part of the Southwest Minnesota region of MCHS, which includes family medicine clinics in Mankato (Eastridge), North Mankato (Northridge), Lake Crystal, St. Peter and Le Sueur, as well as hospitals in Fairmont, New Prague, Springfield, St. James and Waseca.

Dedicated to putting the needs of our patients first, MCHS in Mankato promotes health and wellness in the community through inpatient and outpatient services, education through blog postings, articles and presentations, staff volunteerism, community giving and charity care.

In 2018, MCHS in Mankato provided \$8 million in charity care, giving local access to care to all, regardless of ability to pay. The hospital also contributed more than \$185,000 in Hometown Health grants to organizations, such as Walk to Defeat ALS, JZ Cancer Fund, Go Red for Women, Camp Sweet Life, D.A.R.E., Project for Teens, North Mankato Farmer's Market, YWCA Girls on the Run, and the YMCA.

In addition, the organization shared health-related education through programs at the Children's Museum of Southern Minnesota, VINE Adult Community Center and Mankato Area Public Schools, and supported efforts to get communities active through activities, such as a mall-walking program and the Mankato Marathon. MCHS in Mankato also co-sponsored and presented at local conferences addressing topics, such as healthy communities and the opioid epidemic.

Annually, the hospital organizes various employee drives to donate items including school supplies, non-perishable food items and winter clothing. The organization has also matched families in need with interested departments to buy, wrap and deliver Christmas gifts to them. In 2018, 26 families were helped. Employees are actively involved in the community, with hundreds of staff giving over 3,000 hours of volunteer time in 2018.

The MCHS Community Health Needs Assessment (CHNA) process advances and strengthens our commitment to health and wellness activities by focusing on high-priority needs — in our clinics and in our community.

Summary of Community Health Needs Assessment:

The Mayo Clinic Health System in Southwest Minnesota CHNA process was conducted in partnership with regional county public health organizations. A systematic process was followed to evaluate the health needs of our communities and determine health priorities.

The primary quantitative input into the assessment and prioritization process was the Southern Minnesota Needs Assessment report. This report was created by Joe Visker, PhD, Minnesota State University-Mankato, in partnership with the regional public health departments and MCHS. This report includes analysis of existing data gathered from a variety of sources, such as census data, government reports, health department statistics and school surveys.

The primary qualitative input into the process was the collection of community input at community events and activities, as well as a variety of community stakeholder conversation sessions. Community event/activity input was gathered at 35 events in the region where participants could select the top-two health concerns affecting themselves and/or their families. Events/activities with typically underserved populations were targeted. Over 2,800 participants shared their input. In addition, community conversations were held with stakeholders from local government and nonprofit leaders.

Our Community

Mayo Clinic Health System in Mankato primarily serves communities in Blue Earth, Le Sueur and Nicollet counties in southern Minnesota; 64% of inpatients are residents of these counties. The main medical campus is in Mankato, located in Blue Earth County, and is designated as a sole community hospital and rural referral center for Medicare purposes. MCHS in Mankato is the only hospital in the county. For the purposes of this CHNA, the community is defined as Blue Earth, Nicollet and Le Sueur Counties.



Demographics

Population (2016)

(Source: http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles2017/ademog16pdfupdate.pdf)

			Age Group								
	Sex	0-9	10-19	20-29	30-39	40-49	50-59	60-69	70-79	80+	Total
State	F	348,080	351,164	357,497	366,445	328,404	390,152	317,958	176,707	135,915	2,772,322
State	М	363,883	365,774	374,830	376,507	335,232	386,721	306,201	153,936	84,546	2,747,630

Blue Earth	F	3,541	4,681	7,423	3,824	3,078	3,587	3,239	1,820	1,687	32,880
blue Eartii	М	3,894	4,549	8,363	4,206	3,200	3,529	3,244	1,618	958	33,561
Le Sueur	F	1,645	1,877	1,423	1,663	1,680	2,020	1,683	1,001	681	13,673
Le Sueur	М	1,815	1,898	1,399	1,721	1,784	2,206	1,739	944	412	13,918
Nicollet	F	1,977	2,446	2,402	2,229	1,737	2,125	1,877	1,046	830	16,669
Nicollet	М	2,124	2,310	2,608	2,346	1,951	2,207	1,920	915	525	16,906

Race and Ethnicity (2016)

Source: http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles2017/ademog16pdfupdate.pdf

		Two+ Races	Ethnicity				
	Total	White	African American ^a	AIAN ^b	API°		Hispanic/ Latino ^d
State	5,519,952	4,691,265	344,322	73,970	275,931	134,464	289,422
Blue Earth	66,441	60,849	2,540	240	1,574	1,238	2,258
Le Sueur	27,591	26,742	194	128	204	323	1,579
Nicollet	33,575	31,283	1,062	171	510	549	1,428

Socioeconomic Data (2012-2016)

Source: http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles2017/ademog16pdfupdate.pdf

Location	Percent				
	Population 25+ years with <= high school education or equivalent	People of all ages living at or below 200% of poverty	Housing occupied by owner	Children < 18 living in single parent headed households	Housing units built before 1980
State	33.1%	25.9%	74.6%	26.2%	56.7%
Blue Earth	34.3%	34.9%	65.4%	26.8%	58.7%
Le Sueur	45.2%	24.5%	84.6%	24.8%	61.0%
Nicollet	33.5%	24.1%	76.8%	21.4%	57.3%

Minnesota Medical Assistance – Average Monthly Eligibles (2016)

Source: http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles2017/ademog16pdfupdate.pdf

	All Families and Children	Adults with No Kids	Elderly	Disabled	Total
State	705,686	198,765	60,011	117,372	1,081,834
Blue Earth	7,373	2,375	614	1,352	11,713
Le Sueur	3,240	665	238	473	4,616
Nicollet	3,696	894	262	544	5,396

Median Income (2016)

Source: https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?src=bkmk

	Median
	Income
Minnesota	\$63,217
Blue Earth	\$52,119
Le Sueur	\$62,462
Nicollet	\$61,501

Assessing the Needs of the Community

Overview

In 2016, Mayo Clinic Health System in Mankato identified and prioritized community health needs in Blue Earth, Le Sueur and Nicollet counties through a comprehensive process that included input from local community and organization leaders, public health officials and hospital leadership. The 2016 Community Health Needs Assessment final report has been posted on the MCHS in Mankato "About Us" internet page for public review and comment. A link for questions and comments was clearly identified on the CHNA report page. However, no comments have been submitted.

In 2019, The MCHS in Mankato CHNA process was led by an internal MCHS work group with members from community relations and site leadership; input was provided by regional health system leadership, public affairs, social work and practice operations. This interdisciplinary work group viewed the community health needs assessment as an opportunity to better understand known health care needs and, if possible, identify emerging needs within each of the six MCHS communities in the Southwest Minnesota region — Fairmont, Mankato, New Prague, Springfield, St. James and Waseca.

Community Input

Community input was received at numerous stages and from a variety of levels of leadership throughout the CHNA process. MCHS, Nicollet County Public Health and Blue Earth County Public Health participated in gathering and analyzing local health data, as well as planning and facilitating the community input boards at events/activities. The community input boards were targeted at events that serve traditionally underrepresented, medically underserved, low-income and minority populations. Input also was received during community conversation; representatives from traditionally underserved populations were invited to attend multiple events in 2018 and 2019.

Process and Methods

The assessment process began in October 2017 with a gathering of a regional coalition of representatives from regional public health counties (Blue Earth, Brown, Waseca, Le Sueur, Faribault, Martin and Watonwan counties), Statewide Health Improvement Program (SHIP) staff from Brown, Nicollet, Le Sueur, Waseca, Blue Earth County, Faribault and Martin counties, Minnesota Department of Health, Allina Health, United District Hospital and MCHS. This coalition came together as an initial group to identify ways to collaborate during the assessment process and on future initiatives.

This group reached out to the Minnesota State University-Mankato Health Science department to help with collecting and analyzing data. Dr. Joseph Visker led this effort for our 12 regional counties. Data was pulled from a variety of publicly available sources. The full data report and all sources are available in the Southern Minnesota Needs Assessment (Appendix A) prepared by Dr. Visker.

Community input boards were used to get a pulse on the communities we serve. They included 10 areas of health concern: health care access; chronic disease; safety; environment; stress, anxiety and depression; sleep; physical exercise; healthy foods (access or cost); tobacco, alcohol or drugs; and lack of a support system. Each participant was given two sticky flags and asked to put the flags on the top-two health concerns affecting them and/or their families.

The community input boards targeted events that serve traditionally underrepresented, medically underserved, low-income and minority populations or have representation from these groups. Examples of these events include Project Community Connect, Community Fiesta in St. Peter, VINE Faith in Action, Nicollet County WIC and more. At nine events in Blue Earth and Nicollet counties in 2018, 453 people provided their input.

The top health concerns based on this community input were:

- 1. Stress, anxiety, depression
- 2. Chronic disease
- 3. Tobacco, alcohol and drugs
- 4. Sleep
- 5. Physical exercise

- 6. Access to healthy foods
- 7. Access to health care
- 8. Environment
- 9. Lack of support system
- 10. Safety



Input also was received during community conversations and stakeholder gatherings where representatives from traditionally underserved populations were invited to attend multiple events between May 8, 2018 and May 8, 2019. This included annual community stakeholder gatherings, a Blue Earth and Nicollet county data review and visioning session on October 24, 2018, and a Le Sueur County data review and visioning session on January 23.

Prioritization Process and Criteria

The MCHS interdisciplinary team used a matrix called the CHNA Process to Identify and Prioritize Needs to identify and prioritize the health concerns that would be addressed moving forward. It measured each need on the following criteria: Strategies identified; resources that will be available (time, talent and treasure); influence to make community change/impact; and community acceptability (based on gathered community input). Each need was given a numerical ranking with five being the highest rating. These are the matrix results:

MCHS in Mankato CHNA Prioritization of Health Issues

Health Issue (0-5 rating; 5 being highest)	Strategies Identified	Resources Available (Time, Talent & Treasure)	Influence to Make Community Change/Impact	Community Acceptability (based on gathered community input)	Total
Stress, anxiety,	5	4	5	5	19

depression					
Tobacco, alcohol & drugs	4	3	4	5	16
Chronic disease	4	4	3	5	16
Physical exercise	3	3	3	4	13
Access to healthy foods	2	2	2	4	10
Sleep	2	2	2	4	10
Access to health care	2	2	3	3	10
Environment	1	1	1	2	5
Safety	1	1	1	2	5
Lack of support system	1	1	1	1	4

Overview

After completing an extensive analysis of the data available and community input, the top community health needs were identified by MCHS in Mankato. Each of these focus areas are equally important, however, they have been ranked by priority:

- 1. Mental health
- 2. Substance abuse
- 3. Chronic disease and obesity

Identified Health Needs

Mental health

This focus area refers to the services and support needed to address how we think, act and feel as we cope with life. Mental health is essential for personal well-being, caring for family, interpersonal relationships and meaningful contributions to society. Mental health conditions may include, but are not limited to, depression, anxiety and post-traumatic stress disorder.

Data highlights:

Percent of Adults Experiencing Frequent Mental Distress (2016)



10.00% - Blue Earth County 9.00% - Le Sueur County

9.00% - Nicollet County

10.00% - Minnesota

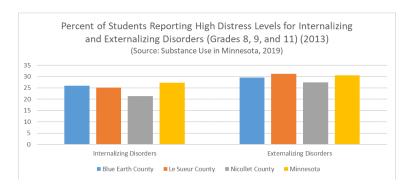
Source: County Health Rankings, 2019

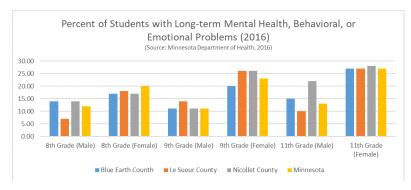
Students Reporting They Did Something to Purposely Hurt or Injure Themselves Without Wanting to Die (Grades 8, 9, and 11) (2016)



12.80% - Blue Earth County 16.80% - Le Sueur County N/A - Nicollet County 15.60% - Minnesota

Source: Substance Use in Minnesota, 2019





Substance abuse

This focus area refers to the misuse, overindulgence in or dependence on an addictive substance, including tobacco, alcohol or other drugs. Across the county and in Minnesota there has been a recent surge in vaping, especially among youth in our schools.

Data Highlights:

Students Reporting Any Tobacco or Nicotine Use on One or More Days within the Past 30 Days (Grades 8, 9, and 11) (2016)



10.10% - Blue Earth County 12.70% - Le Sueur County N/A - Nicollet County 12.80% - Minnesota

Source: Substance Use in Minnesota, 2019

Students Reporting Smoking a Cigarette on One or More Days within the Past 30 Days (Grades 8, 9, and 11) (2016)



3.80% - Blue Earth County 7.10% - Le Sueur County N/A - Nicollet County 4.90% - Minnesota

Source: Substance Use in Minnesota, 2019

Students Reporting Using an E-Cigarette on One or More Days within the Past 30 Days (Grades 8, 9, and 11) (2016)



7.10% - Blue Earth County



9.30% - Le Sueur County N/A - Nicollet County 10.30% - Minnesota

ource: Substance Use in Minnesota, 2019

Chronic disease including obesity

Chronic diseases, such as heart disease, stroke, cancer, diabetes, asthma and arthritis, are among the most common and costly of all health problems in the U.S. Currently, chronic diseases account for approximately two out of three deaths nationwide. In many cases, obesity is a contributing factor for preventing and maintaining chronic diseases, especially heart disease and diabetes. Maintaining a healthy weight is important for reducing the risk of developing chronic conditions that may have a major impact on quality of life.

Data Highlights:

Percent of Adults Reporting as Obese (via BMI) (2014)



35.00% - Blue Earth County

35.00% - Le Sueur County

30.00% - Nicollet County

27.00% - Minnesota

Source: County Health Rankings, 2019

Pecentage of Adults with Diabetes (2014)



7.00% - Blue Earth County

9.00% - Le Sueur County

8.00% - Nicollet County

8.00% - Minnesota

Source: County Health Rankings, 2019

Percent of Adults Reporting Physical Inactivity (2014)



18.00% - Blue Earth County

21.00% - Le Sueur County

18.00% - Nicollet County

20.00% - Minnesota

Source: County Health Rankings, 2019

Available Resources Within the Community to Address Identified Needs

Within the service area of MCHS in Mankato, there are other resources available to meet the identified community health needs. Highlights include:

Mental health:

- Adult Child and Family Services
- Blue Earth County Mental Health Services
- Beyond Brink & WEcovery
- Committee Against Domestic Abuse (CADA)
- Counseling Services of Southern Minnesota, Inc.
- Five Rivers Mental Health Clinic
- Mankato Mental Health Associates
- Mankato Psychology Clinic
- Mankato Clinic
- Mankato Marriage and Family Therapy
- Minnesota Mental Health Services
- Open Door Health Center
- Prairie Care Medical Group
- Sioux Trails Mental Health Center
- South Central Crisis Center

Substance abuse:

- Alcoholics Anonymous
- Addiction Recovery Technologies of Mankato
- Blue Earth County Government Center

- Brown County Detox Center
- Fountain Centers
- House of Hope, Inc.
- Lutheran Social Services
- Mankato Mental Health Associates, P.A.
- Narcotics Anonymous
- QUITPLAN
- Wellcome Manor Family Services

Chronic disease:

- Fitness/Exercise/Wellness, including Mankato Family YMCA, JP Fitness, VINE Faith in Action and Sun Moon Yoga
- Health care organizations, including, but not limited to, Mankato Clinic, River's Edge Hospital and Open Door Health Center
- Chiropractic, including, but not limited to, Mankato Chiropractic Center, Back to Wellness Chiropractic and Discover Chiropractic
- Dental, including, but not limited to, Pediatric & Adolescent Dentistry, Mankato Family Dentistry, Commerce Drive Dental, Open Door Health Center and Minnesota State University-Mankato Dental Clinic
- Food assistance, including, but not limited to, ECHO Food Shelf, Feeding Our Communities Partners and Salvation Army

Evaluation of Prior CHNA and Implementation Strategy

Prioritized health needs:

- Obesity
- Hypertension

Updates on strategy accomplishments Obesity

- Children's Museum of Southern Minnesota Wellness Partnership. Invested \$60,000 over the past three years, plus in-kind staff support, to provide wellness content to museum members and guests, as well as have MCHS staff experts at museum programming, including Toddler Wednesday, summer health initiatives and special events.
- Participated in numerous events and expos, including Baby & Kids Expo, Lake Crystal Jungle Boogie and more to promote a healthy lifestyle.
- River Hills Mall Partnership. Includes providing the community health and wellness information on literature rack and the Mayo Mile, an indoor walking route at the mall, to encourage physical activity.

• Disseminated health education through the media including TV segments, print media, social media, online blogs and the MCHS *Hometown Health* publication.

Hypertension

- Stroke grant from Minnesota Department of Health. Received a grant in 2017 for a
 public awareness campaign. Invested staff time to raise public awareness through
 community education at local events and speaking presentations.
- Stroke support group. Started a local stroke support group in 2017 facilitated by MCHS staff. This group continues to meet monthly.
- Free blood pressure checks at community events, such as Project Community Connect and Girls Night Out in St. Peter.
- Community wellness events. Hosted a Heart Health event on February 3, 2018, at the River Hills Mall, which included giant inflatable heart, healthy snack ideas, blood pressure checks and kids activity station. Financially support the Go Red for Women luncheon, as well as provided an MCHS guest speaker annually.

All focus areas

- Disseminated health education through the media, including TV segments, print media, social media, online blogs and the MCHS *Hometown Health* publication.
- Representation and participation in community coalitions to collaborate and improve health, including SHIP Community Leadership Team and Mankato Area Care Network.
- Committed over \$165,000 annually to local nonprofits through our Hometown Health Grants for improving health and wellness in our communities.

Despite the actions taken since 2016 to address obesity and hypertension, they have not been able to reduce the prevalence of obesity and hypertension. These remain community health needs that MCHS in Mankato will continue to address through our focus area of chronic disease.

Southern Minnesota Needs Assessment

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Project Overview

The following needs assessment information was collected at the request of representatives from Mayo Health System, Minnesota SHIP, and various county Health Departments from Southern Minnesota. Faculty members from Minnesota State University, Mankato met with representatives on two occasions to discuss health-related variables to be collected during the needs assessment process. A total of 97 measures (Table 1) were identified from existing web resources (Table 2). Data was identified for 12 counties including Blue Earth, Brown, Faribault, Freeborn, Goodhue, Le Sueur, Martin, Mower, Nicollet, Scott, Waseca, and Watonwan. Data was compared to state-level measures to identify potential health problems. Sources for all measures are available on the accompanying Microsoft Excel® document.

Table 1	
Selected Health-rel	ated Measures Used for Needs Assessment
Variable	Measures and Data Year
Demographics	 Population by Age and Gender (n) (2016) Population by Race and Ethnicity (n) (2016) Population 65+ YOA (n and %) (2016) Population 25+ YOA <= high school education or equivalent (%) (2012-2016) People of all ages living at or below 200% of poverty (%) (2012-2016) Hosing occupied by owner (%) (2012-2016) Children <18 YOA living in single parent headed household (%) (2012-2016) Housing units built before 1980 (%) (2012-2016) Minnesota Medical Assistance – Average Monthly Eligible by all families and children, adults with no kids, elderly, and disabled (%) (2016) Median household income (\$) (2016)
Mental Health	 Ever been treated for mental health, emotional, or behavior problem (8th, 9th, and 11th grade) (2016) Do you have any long-term mental health, behavioral, or emotional problems (8th, 9th, and 11th grade) (2016) Rate of psychiatric hospital admissions per 1,000 residents age 14+ (2015) Quality of Life (QOL) – frequent physical distress (%) (2016) Quality of Life (QOL) – frequent mental distress (%) (2016) Insufficient sleep (%) (2016) Adults report poor or fair health (%) (2016) Average number of physically unhealthy days reported in the last 20 days (2016) Average number of mentally unhealthy days reported in the last 20 days (2016) Students reporting they did something to purposely hurt or injure themselves without wanting to die (such as cutting, burning, or bruising (8th, 9th, and 11th grade) (n and %) (2016) Students reporting high distress levels for internalizing disorders (8th, 9th, and 11th grade) (n and %) (2013) Students reporting high distress levels for externalizing disorders (8th, 9th, and 11th grade) (n and %) (2013)
Lead	- Elevated blood lead levels (>5 mcg/dL) (2015)
Suicide Nutrition and Physical Activity	- Hospital treated violence including ideation (Fatal and non-fatal) (2016) - Obese adults (%) (2014) - Limited access to healthy foods (%) (2015) - Food insecurity (%) (2015) - Physically inactive (%) (2014) - Diabetes prevalence (20+ YOA) (%) (2014)
Tobacco	 Adult Smokers (%) (2016) Students reporting smoking a cigarette on one or more days within the Past 30 days (8th, 9th, and 11th grade) (n and %) (2016)

	- Students reporting any tobacco or nicotine use on one or more days within the past 30 days (8th, 9th,
	and 11 th grade) (n and %) (2016)
	- Students reporting using an E-Cigarette on one or more days within the past 30 days (8th, 9th, and 11th
	grade) (n and %) (2016)
Alcohol	- Excessive drinking (%) (2016)
	- Alcohol impaired driving deaths (n and %) (2012-2016)
	- Students reporting any use of alcohol in the past 30 days (8 th , 9 th , and 11 th grade) (n and %) (2016)
	- Students having 5 or more drinks in a row on at least one occasion in the Past 30 days (Grades 8, 9, an
	11) (n and %) (2016)
Drugs	- Students reporting any use of marijuana in the past 30 days (8th, 9th, and 11th grade) (n and %) (2016)
	- Students reporting use of inhalants within the past 12 months (8th, 9th, and 11th grade) (n and %) (2016
	- Students reporting methamphetamine use within the past 12 months (8 th , 9 th , and 11 th grade) (n and
	%) (2016)
	- Students reporting use of MDMA/ecstasy within the past 12 months (8 th , 9 th , and 11 th grade) (n and %)
	(2016)
	- Students reporting use of crack/cocaine within the past 12 months (8 th , 9 th , and 11 th grade) (n and %)
	(2016)
	- Students reporting use of LSD, PCP or other psychedelics within the past 12 months (8 th , 9 th , and 11 th
	grade) (n and %) (2016)
	- Students reporting use of heroin within the past 12 months (8 th , 9 th , and 11 th grade) (n and %) (2016)
	- Students reporting use of heroin within the past 12 months (8 *, 9 *, and 11 * grade) (n and %) (2010) - Students reporting use of synthetic drugs within the past 12 months (8th, 9th, and 11th grade) (n and %)
	(2016)
	- Students reporting any past 30 day use of prescription drugs not prescribed for them (8 th , 9 th , and 11 th
	grade) (n and %) (2016)
	- Rate per 1,000 pop. of adults on probation in Minnesota for drug offense as governing sentence (2016
	- Rate per 1,000 Pop of juveniles on probation in Minnesota for drug offense as governing sentence
	(2016)
Sexual Activity, Sexually	- Chlamydia rate (2015) (Available in accompanying <i>Microsoft Excel®</i> document)
Transmitted Infections, and	- Chlamydia cases (n) (2015) (Available in accompanying <i>Microsoft Excel®</i> document)
Contraceptive Practices	- Teen birth rate (overall, white, and Hispanic) (2010-2016)
	- HIV prevalence (per 100,000) (2015)
	- Students reporting they drank alcohol or used drugs before they last had sexual intercourse (9th and
	11 th grade (n and %) (2013)
	- Pregnancy rates per 1,000 (ages 15-19) (2016)
	- Birth rates per 1,000 (ages 15-19) (2016)
	- Chlamydia rate (ages 15-19 per 100,00 population) (2017)
	- Gonorrhea rate (ages 15-19 per 100,00 population) (2017)
	- Rates (per 100,000 persons) of Chlamydia (Total pop.) (2016)
	- Rates (per 100,000 persons) of Gonorrhea (Total pop.) (2016)
	- Students who have ever had sexual intercourse (%) (9th and 11th grade) (2016)
	- Among sexually active students: percent who used a condom during last intercourse (%) (9th and 11th
	grade) (2016)
Healthcare System	- Uninsured (Under 65 YOA) (n and %) (2015) (Available in accompanying <i>Microsoft Excel®</i> document)
•	- Primary care physician ratio (n:1) (2015)
	- Number of primary care physicians (2015)
	- Dentists ratio (n:1) (2016)
	- Number of dentists (2016)
	- Mental health provider ratio (n:1) (2017)
	- Number of mental providers (2017)
	- Residents under age 65 without health insurance (2016)
Social and Fagnamia	- Residents under age 65 without health historatice (2016) - Graduate rate (%) (2014-2015)
Social and Economic	, , ,
Factors	- Unemployment rate (%) (2016)
	- Children in poverty (%) (overall, white, and Hispanic) (2016)
Maternal, Infant, and Child	- Low birth weight (overall, white, and Hispanic) (%) (2010-2016)
Health	- No prenatal care or care only in 3rd trimester (ages 15-19) (%) (2016)
	- Low birth weight (ages 15-19) (%) (2016)
	2011 211 11 11 11 11 11 11 11 11 11 11 11
	Infant mortality per 1000 live births (2012-2016) (Available in accompanying <i>Microsoft Excel</i> ®
	- Infant mortality per 1000 live births (2012-2016) (Available in accompanying Microsoft Excel®
	- Infant mortality per 1000 live births (2012-2016) (Available in accompanying <i>Microsoft Excel®</i> document)

	- Primary refugee arrival to Minnesota by initial county of resettlement (n) (2016)
	- Secondary refugee arrival to Minnesota by initial county of resettlement) (n) (2016)
Limited English Proficiency	- Limited LEP (n and %) (2014)
(LEP)	
Chronic Conditions	- Top 10 leading causes of death – Cancer, heart disease, unintentional injury, Alzheimer's disease,
	diabetes, suicide, Parkinson's disease, liver disease and cirrhosis (n) (2016)
	- All Cancers Incidence Rate per 100,00 People (2010-2014)
	- County COPD Hospitalizations (n and age-adjusted rate) (2013-2015)
Dental	- EPSDT/C&TC Eligible Minnesota health care programs children (age 20 and under) use of dental
	sealant services (%) (2015)
	- Dental service use among Minnesota health care programs enrollees (%) (2014)
	- EPSDT/C&TC eligible Minnesota health care programs children (age 20 and under) use of dental
	services (%) (2014)
	- EPSDT/C&TC eligible Minnesota health care programs children (age 20 and under) use of preventive
	dental services (%) (2014)
Immunizations	- Children ages 24-35 months who received full series DTaP, Polio, MMR, Hib, Hepatitis B, Varicella, and
	PCV –(%) (2016)
	- Percent of children ages 24-35 months with complete childhood series (%) (2017)
Hospitalizations and	- Asthma ER and hospitalization (per 10,000 age-adjusted) (2013-2015)
Emergency Department	- Heart attack hospitalizations (per 10,000 age-adjusted) (2013-2015)
(ED) Visits	- Heat illness ED (per 100,000 age-adjusted) (2011-2015)
	- Heat illness hospitalizations (per 100,000 age-adjusted) (2006-2015)
General/Other	- Years of potential life lost before 75 YOA (2014-2016)
* Data was not available for al	I counties or at the state level

Table 2

Sources Used for Needs Assessment

Data Links

http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles2017/ademog16pdfupdate.pdf

https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?src=bkmk

http://www.health.state.mn.us/divs/chs/surveys/mss/countytables/index.cfm

https://data.web.health.state.mn.us/web/mndata/lead_query#

https://midas.web.health.state.mn.us/violence/index.cfm

https://www.mncompass.org/health/mental-health-admissions#1-4470-g

http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map

https://www.mncompass.org/health/health-care-coverage#1-7468-g

http://www.sumn.org/data/location/show.aspx?tf=31%2c32&loc=7&sn=false&cat=1%2c10%2c118%2c71%2c19%2c28%2c73%2c30%2c430%2c57%2c74%2c136%2c120%2c121%2c398%2c404%2c745%2c709%2c710%2c719&ds=a

https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?src=bkmk

http://www.health.state.mn.us/divs/idepc/refugee/stats/16yrsum.pdf

https://www.lep.gov/maps/Ima2014/Final 508/

https://www.pediatrics.umn.edu/divisions/general-pediatrics-and-adolescent-health/programs-centers/healthy-youth-development-prevention-research-center/minnesota-adolescent-sexual-health-report

http://www.health.state.mn.us/divs/idepc/dtopics/stds/stats/2016/table3std2016.pdf

http://www.health.state.mn.us/divs/idepc/dtopics/stds/stats/2016/table1std2016.pdf

http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles2017/cmort16pdf.pdf

https://data.web.health.state.mn.us/web/mndata/cancer_query

https://data.web.health.state.mn.us/copd_query

https://data.web.health.state.mn.us/oral-health

https://data.web.health.state.mn.us/web/mndata/topics#menu3

https://data.web.health.state.mn.us/web/mndata/immunization basic

https://data.web.health.state.mn.us/web/mndata/topics#menu3
http://www.health.state.mn.us/divs/chs/surveys/mss/singleyr/index.html

Section 1: Demographics

Population (2016)

(Source: http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles 2017/ademog 16 pdf update.pdf)

			Age Group								
	Sex	0-9	10-19	20-29	30-39	40-49	50-59	60-69	70-79	80+	Total
State	F	348,080	351,164	357,497	366,445	328,404	390,152	317,958	176,707	135,915	2,772,322
State	М	363,883	365,774	374,830	376,507	335,232	386,721	306,201	153,936	84,546	2,747,630
Blue Earth	F	3,541	4,681	7,423	3,824	3,078	3,587	3,239	1,820	1,687	32,880
Dide Editii	М	3,894	4,549	8,363	4,206	3,200	3,529	3,244	1,618	958	33,561
Brown	F	1,427	1,535	1,490	1,396	1,245	1,887	1,596	1,089	1,112	12,777
Diowii	М	1,607	1,680	1,504	1,452	1,302	1,821	1,616	937	635	12,554
Faribault	F	775	839	621	782	661	1,050	931	672	674	7,005
Taribaare	М	827	915	682	768	731	1,022	1,014	585	386	6,930
Freeborn	F	1,721	1,775	1,504	1,663	1,567	2,257	2,041	1,504	1,215	15,247
Treeboni	М	1,855	1,846	1,615	1,771	1,702	2,304	2,038	1,270	798	15,199
Goodhue	F	2,752	2,780	2,260	2,732	2,646	3,618	3,079	1,929	1,600	23,396
Goodiide	М	2,861	3,085	2,487	2,747	2,723	3,593	3,051	1,734	999	23,280
Le Sueur	F	1,645	1,877	1,423	1,663	1,680	2,020	1,683	1,001	681	13,673
Le sueui	М	1,815	1,898	1,399	1,721	1,784	2,206	1,739	944	412	13,918
Martin	F	1,130	1,196	980	1,019	1,041	1,487	1,372	876	934	10,035
IVIGI CIII	М	1,184	1,198	1,024	1,099	1,012	1,476	1,463	768	570	9,794
Mower	F	2,667	2,461	2,220	2,300	2,156	2,588	2,230	1,387	1,500	19,509
Wiowei	М	2,714	2,800	2,347	2,434	2,324	2,669	2,320	1,180	866	19,654
Nicollet	F	1,977	2,446	2,402	2,229	1,737	2,125	1,877	1,046	830	16,669
Miconet	М	2,124	2,310	2,608	2,346	1,951	2,207	1,920	915	525	16,906
Scott	F	10,642	10,776	7,557	10,586	10,890	10,167	6,210	3,173	2,013	72,014
50011	М	10,915	11,281	7,709	10,279	10,958	10,499	6,009	2,749	1,267	71,666
Waseca	F	1,116	1,281	1,156	1,420	1,188	1,347	1,141	652	580	9,881
wascea	М	1,216	1,263	1,002	1,072	1,068	1,285	1,163	592	369	9,030
Watonwan	F	773	690	568	595	592	729	651	433	444	5,475
VVaconvan	М	720	711	636	641	556	768	691	422	288	5,433

 $\label{eq:Race and Ethnicity (2016)} Race and Ethnicity (2016) \\ \textit{Source: http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles2017/ademog16pdfupdate.pdf}$

			One Race				Ethnicity
	Total	White	African American ^a	AIAN ^b	API ^c	Two+ Races	Hispanic/ Latino ^d
State	5,519,952	4,691,265	344,322	73,970	275,931	134,464	289,422
Blue Earth	66,441	60,849	2,540	240	1,574	1,238	2,258
Brown	25,331	24,764	122	65	180	200	1,075
Faribault	13,935	13,549	88	102	53	143	921
Freeborn	30,446	28,840	448	135	615	408	2,885
Goodhue	46,676	44,289	589	674	355	769	1,525
Le Sueur	27,591	26,742	194	128	204	323	1,579
Martin	19,829	19,247	138	90	140	214	834
Mower	39,163	35,413	1,435	234	1,473	608	4,384
Nicollet	33,575	31,283	1,062	171	510	549	1,428
Scott	143,680	123,847	5,818	1,523	9,201	3,291	7,147
Waseca	18,911	17,878	443	154	165	271	1,111
Watonwan	10,908	10,367	132	143	136	130	2,628

^aBlack/African American; ^bAmerican Indian/Alaska Native; ^bAmerican Indian/Alaska Native; ^cAsian/Native Hawaiian or other Pacific Islander dHispanic/Latino can be of any race

Population 65+ Years of Age (YOA) (2016)
Source: http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles2017/ademog16pdfupdate.pdf

	Number	Percent
State	832,228	15.1
Blue Earth	8,997	13.5
Brown	5,236	20.7
Faribault	3,175	22.8
Freeborn	6,675	21.9
Goodhue	9,051	19.4
Le Sueur	4,616	16.7
Martin	4,429	22.3
Mower	7,083	18.1
Nicollet	5,067	15.1
Scott	14,518	10.1
Waseca	3,257	17.2
Watonwan	2,162	19.8

 $\begin{tabular}{ll} Socioeconomic Data (2012-2016) \\ Source: http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles2017/ademog16pdfupdate.pdf \\ \end{tabular}$

	Percent of:	13.33.11								
	Population 25+ years with <= high school education or equivalent	People of all ages living at or below 200% of poverty	Housing occupied by owner	Children < 18 living in single parent headed households	Housing units built before 1980					
State	33.1%	25.9%	74.6%	26.2%	56.7%					
Blue Earth	34.3%	34.9%	65.4%	26.8%	58.7%					
Brown	46.7%	25.3%	83.1%	24.9%	74.8%					
Faribault	50.3%	31.3%	78.8%	31.5%	84.9%					
Freeborn	47.2%	32.5%	78.4%	36.0%	80.6%					
Goodhue	39.9%	25.2%	79.9%	27.7%	59.8%					
Le Sueur	45.2%	24.5%	84.6%	24.8%	61.0%					
Martin	48.7%	30.6%	78.6%	33.8%	79.7%					
Mower	44.7%	32.2%	73.7%	35.3%	77.9%					
Nicollet	33.5%	24.1%	76.8%	21.4%	57.3%					
Scott	28.1%	14.7%	85.1%	16.3%	26.2%					
Waseca	44.3%	27.4%	81.6%	21.0%	69.0%					
Watonwan	55.8%	33.3%	73.6%	40.3%	78.9%					

$\label{ligibles} \textbf{Minnesota Medical Assistance - Average Monthly Eligibles (2016)} \\ \textbf{Source: http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles2017/ademog16pdfupdate.pdf}$

	All Families and Children	Adults with No Kids	Elderly	Disabled	Total
State	705,686	198,765	60,011	117,372	1,081,834
Blue Earth	7,373	2,375	614	1,352	11,713
Brown	2,840	645	329	524	4,337
Faribault	2,238	579	245	372	3,434
Freeborn	4,760	1,130	444	732	7,066
Goodhue	4,509	1,252	449	768	6,977
Le Sueur	3,240	665	238	473	4,616
Martin	3,017	695	301	553	4,566
Mower	6,608	1,368	574	1,025	9,576
Nicollet	3,696	894	262	544	5,396
Scott	12,948	2,929	814	1,582	18,273
Waseca	1,443	470	4	5	1,922
Watonwan	1,733	304	153	224	2,415

 $\begin{tabular}{ll} \textbf{Median Income (2016)} \\ \textbf{Source: https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?src=bkmk \end{tabular}$

	Median Income
Minnesota	63217
Blue Earth	52119
Brown	53319
Faribault	49101
Freeborn	48827
Goodhue	60452
Le Sueur	62462
Martin	51984
Mower	51778
Nicollet	61501
Scott	90198
Waseca	53199
Watonwan	50068

Section #2: Mental Health

Ever been treated for mental health, emotional, or behavior problem (8th, 9th, and 11th grade)

Source: http://www.health.state.mn.us/divs/chs/surveys/mss/countytables/index.cfm

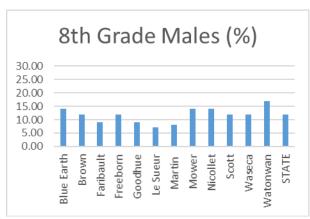
		8th Gr	ade	9th Grade		11th G	rade
		Male (%)	Female (%)	Male (%)	Female (%)	Male (%)	Female (%)
Blue Earth	No	86.00	85.00	85.00	80.00	84.00	74.00
	Yes, during the last year	6.00	10.00	8.00	13.00	9.00	17.00
	Yes, more than a year ago	8.00	7.00	9.00	9.00	11.00	13.00
Brown	No	84.00	83.00	87.00	80.00	86.00	75.00
	Yes, during the last year	7.00	7.00	6.00	12.00	5.00	17.00
	Yes, more than a year ago	10.00	12.00	9.00	13.00	10.00	13.00
Faribault	No	88.00	79.00	79.00	73.00	90.00	78.00
	Yes, during the last year	7.00	13.00	11.00	13.00	5.00	17.00
	Yes, more than a year ago	9.00	13.00	13.00	18.00	5.00	11.00
Freeborn	No	89.00	84.00	92.00	79.00	80.00	68.00
	Yes, during the last year	7.00	11.00	3.00	17.00	7.00	16.00
	Yes, more than a year ago	5.00	7.00	4.00	5.00	16.00	18.00
Goodhue	No	89.00	81.00	86.00	78.00	87.00	73.00
	Yes, during the last year	6.00	15.00	10.00	15.00	9.00	18.00
	Yes, more than a year ago	5.00	7.00	6.00	12.00	5.00	15.00
Le Sueur	No	89.00	80.00	87.00	77.00	95.00	73.00
	Yes, during the last year	5.00	13.00	5.00	20.00	3.00	12.00
	Yes, more than a year ago	6.00	13.00	8.00	8.00	3.00	19.00
Martin	No	88.00	78.00	87.00	94.00	85.00	69.00

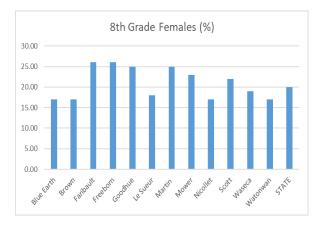
	Yes, during the last year	7.00	14.00	10.00	4.00	7.00	13.00
	Yes, more than a year ago	10.00	13.00	5.00	2.00	12.00	21.00
Mower	No	83.00	77.00	86.00	77.00	84.00	70.00
	Yes, during the last year	11.00	16.00	9.00	13.00	7.00	19.00
	Yes, more than a year ago	9.00	10.00	8.00	14.00	13.00	15.00
Nicollet	No	85.00	88.00	90.00	80.00	73.00	65.00
	Yes, during the last year	12.00	8.00	7.00	15.00	17.00	24.00
	Yes, more than a year ago	8.00	6.00	7.00	10.00	17.00	13.00
Scott	No	88.00	81.00	85.00	76.00	85.00	74.00
	Yes, during the last year	6.00	14.00	8.00	18.00	9.00	18.00
	Yes, more than a year ago	7.00	8.00	9.00	10.00	8.00	13.00

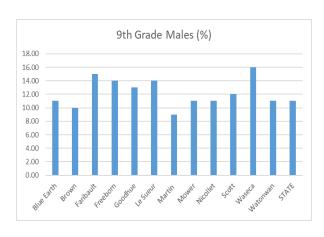
		8th Gr	ade	9th Grade		11th Grade	
		Male (%)	Female (%)	Male (%)	Female (%)	Male (%)	Female (%)
Waseca	No	89.00	83.00	83.00	76.00	91.00	82.00
	Yes, during the last year	8.00	13.00	11.00	14.00	5.00	15.00
	Yes, more than a year ago	6.00	6.00	9.00	13.00	4.00	10.00
Watonwan	No	87.00	84.00	91.00	88.00	80.00	80.00
	Yes, during the last year	9.00	8.00	3.00	1.00	10.00	11.00
	Yes, more than a year ago	4.00	12.00	7.00	10.00	10.00	11.00
STATE	No	85.00	82.00	86.00	79.00	84.00	74.00
	Yes, during the last year	8.00	12.00	7.00	14.00	9.00	18.00
	Yes, more than a year ago	8.00	9.00	8.00	10.00	10.00	14.00

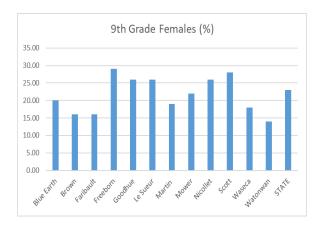
Do you have any long-term mental health, behavioral, or emotional problems (8^{th} , 9^{th} , and 11^{th} grade) (2016)

Source: http://www.health.state.mn.us/divs/chs/surveys/mss/countytables/index.cfm





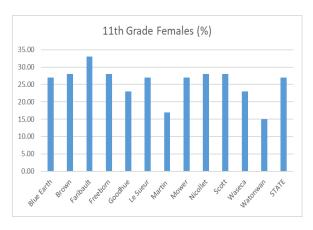




Do you have any long-term mental health, behavioral, or emotional problems (8th, 9th, and 11th

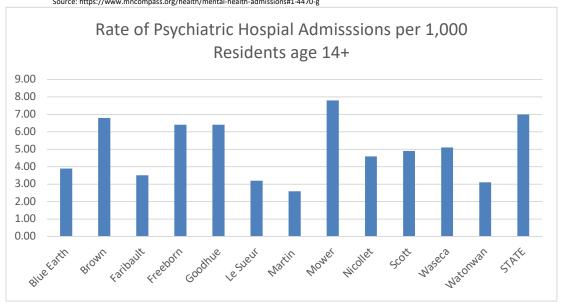
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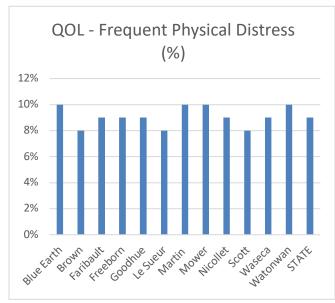
Rate of psychiatric hospital admissions per 1,000 residents age 14+ (2015)

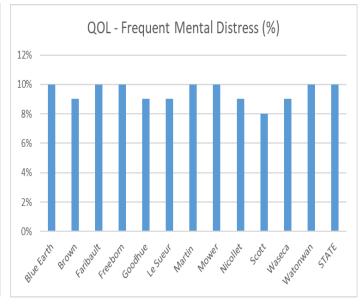
Source: https://www.mncompass.org/health/mental-health-admissions#1-4470-g



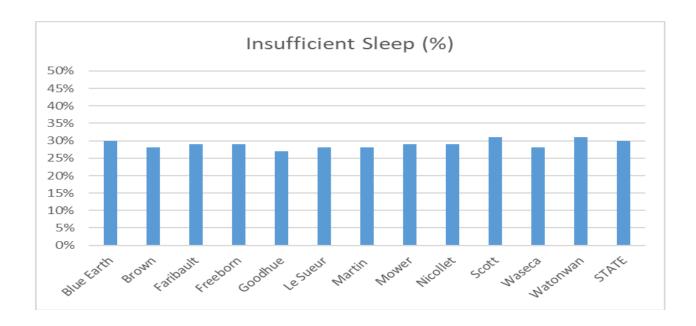
Quality of Life (QOL) – frequent physical distress (2016) & Quality of Life (QOL) – frequent mental distress (2016)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map



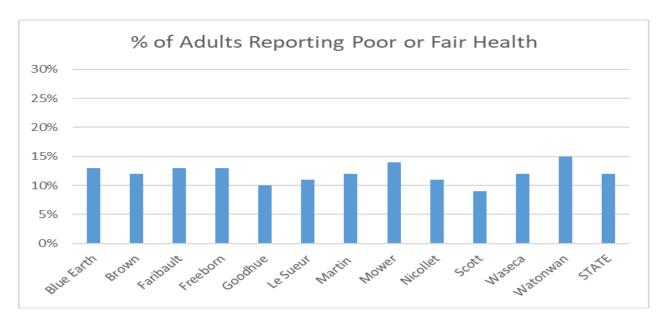


Insufficient sleep (2016)

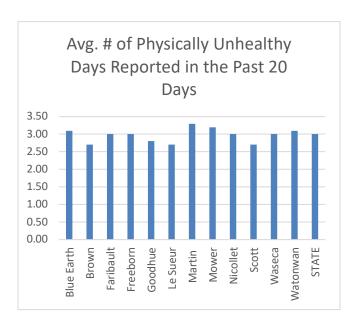


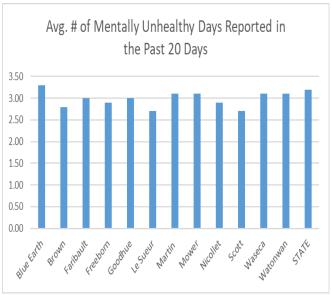
Adults report poor or fair health (2016)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map



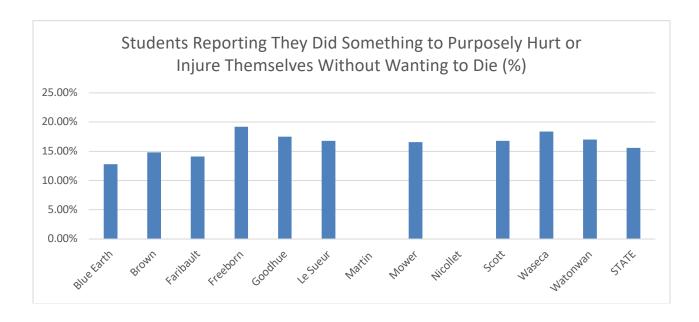
Average number of physically unhealthy days reported in the last 20 days (2016) & Average number of mentally unhealthy days reported in the last 20 days (2016)





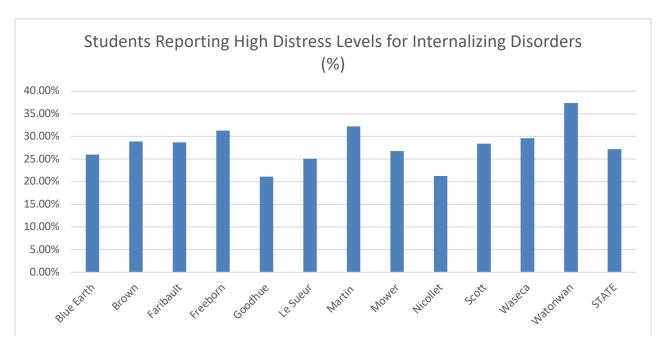
Students reporting they did something to purposely hurt or injure themselves without wanting to die (such as cutting, burning, or bruising (8th, 9th, and 11th grade) (2016)

Source: http://www.sumn.org/data/location/



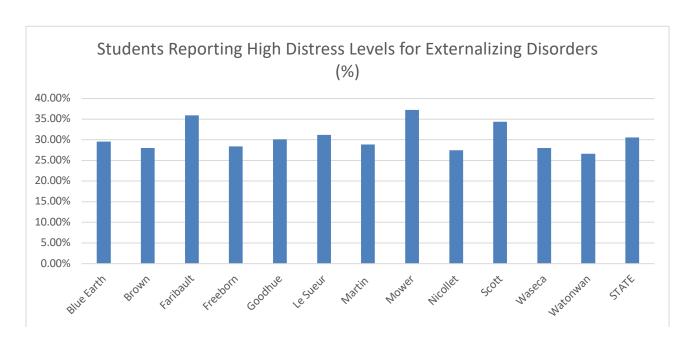
Students reporting high distress levels for internalizing disorders (8th, 9th, and 11th grade) (2013)

Source: http://www.sumn.org/data/location/



Students reporting high distress levels for externalizing disorders (8th, 9th, and 11th grade) (2013)

Source: http://www.sumn.org/data/location/



Section #3: Lead

Elevated blood lead levels (>5 mcg/dL) (2015)

Source: https://data.web.health.state.mn.us/web/mndata/lead_query#_

	>5 mcg/dL (3-<6 YOA)	>5 mcg/dL (<6 YOA)
n(%)	n(%)	n(%)
11(1.4)	1(1.9)	12(1.4)
6(1.6)	1(2.2)	7(1.7)
2(1.4)	3(9.7)	5(2.8)
11(2.8)	4(8.7)	15(3.4)
7(1.4)	0(0.0)	7(1.3)
3(1.0)	1(3.1)	4(1.2)
2(1.0)	1(1.7)	3(1.2)
14(3.3)	1(1.5)	15(3.0)
2(0.5)	0(0.0)	2(0.4)
3(0.1)	0(0.0)	3(0.1)
6(2.1)	0(0.0)	6(2.0)
0(0.0)	1(3.0)	1(0.5)
611(0.8)	154(1.8)	765(0.9)
	11(1.4) 6(1.6) 2(1.4) 11(2.8) 7(1.4) 3(1.0) 2(1.0) 14(3.3) 2(0.5) 3(0.1) 6(2.1) 0(0.0)	11(1.4) 1(1.9) 6(1.6) 1(2.2) 2(1.4) 3(9.7) 11(2.8) 4(8.7) 7(1.4) 0(0.0) 3(1.0) 1(3.1) 2(1.0) 1(1.7) 14(3.3) 1(1.5) 2(0.5) 0(0.0) 3(0.1) 0(0.0) 6(2.1) 0(0.0) 0(0.0) 1(3.0)

Section #4: Suicide

Hospital treated violence including ideation (fatal and non-fatal) (all ages) (2016)

Source: https://midas.web.health.state.mn.us/violence/index.cfm

	Fatal (n)	Non-fatal (n)
Blue Earth	0	448
Brown	0	157
Faribault	0	88
Freeborn	0	216
Goodhue	1	319
Le Sueur	0	108
Martin	0	110
Mower	0	289
Nicollet	0	176
Scott	2	668
Waseca	0	122
Watonwan	0	47
STATE	65	32477

^{*} Age-specific results available on the accompanying *Microsoft Excel®* document

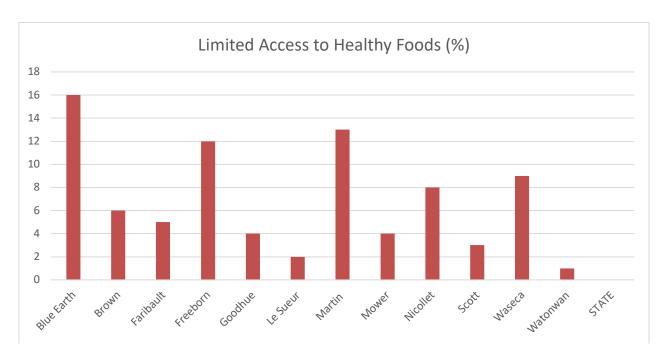
Section #5: Nutrition and Physical Activity

Obese adults (2014)

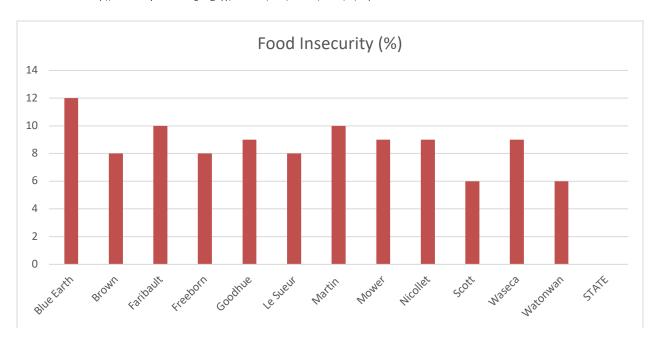


Limited access to healthy foods (2015)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map

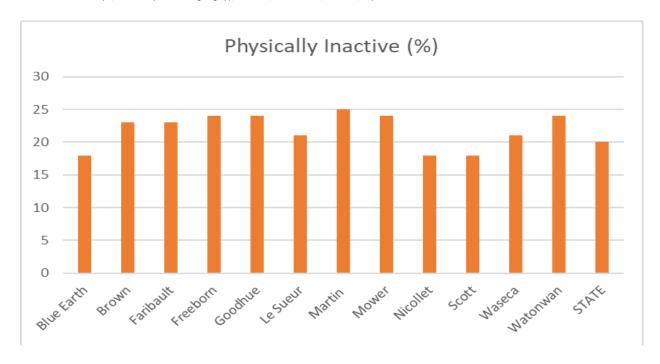


Food insecurity (2015)

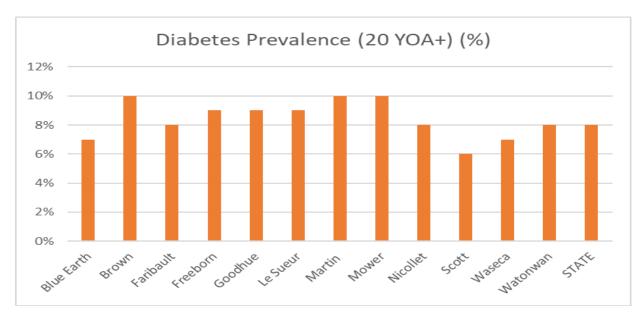


Physically inactive (2014)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map



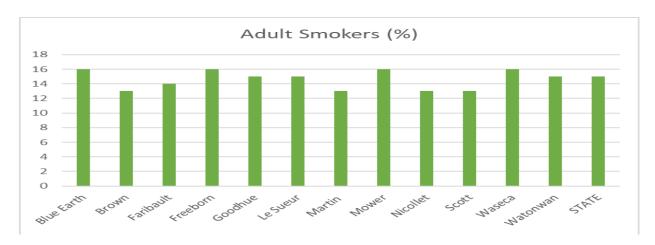
Diabetes prevalence (20+ YOA) (2014)



Section #6: Tobacco

Adult Smokers (2016)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map



Students reporting smoking a cigarette on one or more days within the Past 30 days (8th, 9th, and 11th grade) (2016); Students reporting any tobacco or nicotine use on one or more days within the past 30 days (8th, 9th, and 11th grade) (2016); Students reporting using an E-Cigarette on one or more days within the past 30 days (8th, 9th, and 11th grade) (2016)

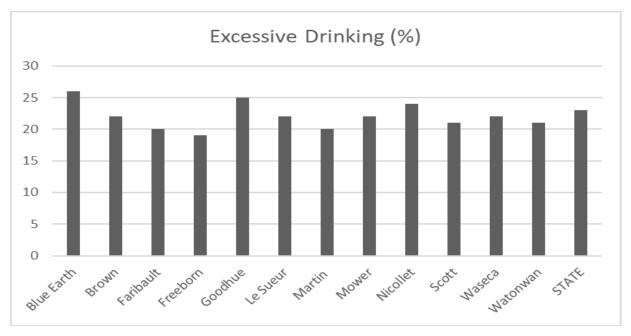
Source: http://www.sumn.org/data/location

	Students Reporting Smoking a Cigarette on One or More Days within the Past 30 Days		Students Reporting A Nicotine Use on One within the Past 30 Da	or More Days	Students reporting Using an E-Cigarette on One or More Days within the Past 30 Days		
	%	n	%	n	%	n	
Blue Earth	3.80%	71	10.10%	189	7.10%	134	
Brown	6.00%	37	10.90%	67	5.50%	34	
Faribault	6.30%	20	12.30%	39	8.50%	27	
Freeborn	5.50%	33	15.00%	89	13.30%	79	
Goodhue	9.30%	62	17.40%	115	13.10%	87	
Le Sueur	7.10%	52	12.70%	92	9.30%	68	
Martin	N/A	N/A	N/A	N/A	N/A	N/A	
Mower	4.60%	40	11.30%	98	8.50%	74	
Nicollet	N/A	N/A	N/A	N/A	N/A	N/A	
Scott	4.90%	209	12.50%	532	10.30%	438	
Waseca	4.60%	25	13.00%	71	6.60%	36	
Watonwan	5.20%	19	13.10%	47	11.00%	40	
STATE	4.90%	5802	12.80%	14379	10.30%	11604	

Section #7: Alcohol

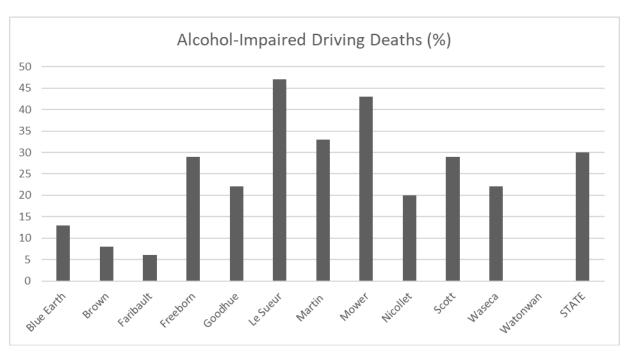
Excessive Drinking (2016)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map



Alcohol impaired driving deaths (2012-2016)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map. A source of the control of the countyhealthrankings or the control of the countyhealthrankings or the countyhealthrankings of the countyhealthrankings of the countyhealthrankings of the countyh



Students reporting any use of alcohol in the past 30 days (8th, 9th, and 11th grade) (2016) & Students having 5 or more drinks in a row on at least one occasion in the Past 30 days (Grades 8, 9, and 11) (2016)

Source: http://www.sumn.org/data/location

	Students Reporting Any Use of Alcohol in the Past 30 Days Students Reporting Having 5 of More Drinks in a Row on at Le One Occasion in the Past 30 D			Row on at Least		
	%	n	%	n		
Blue Earth	13.70%	258	4.90%	92		
Brown	15.60%	97	6.60%	41		
Faribault	19.70%	62	7.90%	25		
Freeborn	16.90%	101	6.50%	39		
Goodhue	18.00%	121	9.70%	65		
Le Sueur	16.80%	123	8.40%	61		
Martin	N/A	N/A	N/A	N/A		
Mower	12.40%	107	4.90%	42		
Nicollet	N/A	N/A	N/A	N/A		
Scott	14.20%	605	6.60%	282		
Waseca	15.80%	86	7.30%	40		
Watonwan	13.50%	49	5.50%	20		
STATE	13.90%	16368	6.20%	6950		
* Highlighted cells indicate percentage is higher than state percentage						

Section #7: Drugs

Students reporting any use of marijuana in the past 30 days (8th, 9th, and 11th grade) (2016); Students reporting use of inhalants within the past 12 months (8th, 9th, and 11th grade) (2016); Students reporting methamphetamine use within the past 12 months (8th, 9th, and 11th grade) (2016)

Source: http://www.sumn.org/data/location

	Students Reporting Any Use of Marijuana in the Past 30 Days		Students Reporting Use of Inhalants within the Past 12 Months		Students Reporting Methamphetamine Use within the Past 12 Months	
	%	n	%	n	%	n
Blue Earth	7.60%	143	1.10%	20	0.50%	9
Brown	6.90%	43	3.40%	21	0.80%	5
Faribault	8.90%	28	2.50%	8	1.00%	3
Freeborn	10.80%	64	1.70%	10	1.00%	6
Goodhue	9.80%	66	2.30%	15	0.90%	6
Le Sueur	8.20%	60	1.20%	9	0.60%	4
Martin	N/A	N/A	N/A	N/A	N/A	N/A
Mower	9.90%	85	1.10%	9	1.10%	9
Nicollet	N/A	N/A	N/A	N/A	N/A	N/A
Scott	7.70%	328	1.50%	64	0.50%	21
Waseca	2.90%	16	1.30%	7	0.20%	1
Watonwan	10.20%	37	2.50%	9	0.60%	2
STATE	8.60%	9658	1.60%	1820	0.70%	763
* Highlighted cells indicate percentage is higher than state percentage						

Students reporting use of MDMA/ecstasy within the past 12 months (8th, 9th, and 11th grade) (2016); Students reporting use of crack/cocaine within the past 12 months (8th, 9th, and 11th grade) (2016); Students reporting use of LSD, PCP or other psychedelics within the past 12 months (8th, 9th, and 11th grade) (2016)

Source: http://www.sumn.org/data/location

	Students Reporting Use of MDMA/Ecstasy within the Past 12 Months		Students Reporting Use of Crack/Cocaine within the Past 12 Months		Students Reporting Use of LSD, PCP or Other Psychedelics within the Past 12 Months	
	%	n	%	n	%	n
Blue Earth	1.10%	21	0.80%	15	1.30%	24
Brown	1.00%	6	1.50%	9	1.90%	12
Faribault	1.30%	4	1.30%	4	2.50%	8
Freeborn	1.00%	6	1.50%	9	2.00%	12
Goodhue	0.90%	6	1.20%	8	1.20%	8
Le Sueur	0.40%	3	0.80%	6	1.10%	8
Martin	N/A	N/A	N/A	N/A	N/A	N/A
Mower	0.90%	8	1.10%	9	1.60%	14
Nicollet	N/A	N/A	N/A	N/A	N/A	N/A
Scott	1.00%	41	0.90%	38	1.60%	66
Waseca	0.70%	4	0.70%	4	0.90%	5
Watonwan	1.10%	4	1.70%	6	1.10%	4
STATE	1.00%	1142	1.10%	1250	1.80%	1986
* Highlighted o	ells indicate percenta	ge is higher than	state percentage			

Students reporting use of heroin within the past 12 months (8th, 9th, and 11th grade) (2016); Students reporting use of synthetic drugs within the past 12 months (8th, 9th, and 11th grade) (2016); Students reporting any past 30 day use of prescription drugs not prescribed for them (8th, 9th, and 11th grade) (2016)

Source: http://www.sumn.org/data/location

	Students Reporting Use of Heroin within the Past 12 Months		Students Reporting Use of Synthetic Drugs within the Past 12 Months		Students Reporting Any Past 30 Day Use of Prescription Drugs Not Prescribed for Them	
	%	n	%	n	%	n
Blue Earth	0.30%	5	1.40%	27	4.10%	78
Brown	0.20%	1	1.10%	7	4.40%	27
Faribault	1.00%	3	2.90%	9	6.30%	20
Freeborn	0.90%	5	2.20%	13	5.30%	31
Goodhue	0.60%	4	1.20%	8	4.20%	28
Le Sueur	0.80%	6	1.20%	9	3.90%	28
Martin	N/A	N/A	N/A	N/A	N/A	N/A
Mower	1.10%	9	1.50%	13	4.60%	39
Nicollet	N/A	N/A	N/A	N/A	N/A	N/A
Scott	0.40%	17	1.00%	44	4.30%	180
Waseca	0.20%	1	0.20%	1	4.10%	22
Watonwan	0.60%	2	1.90%	7	6.40%	23
STATE	0.60%	632	1.30%	1423	4.70%	5288
* Highlighted cells indicate percentage is higher than state percentage						

Rate per 1,000 pop. of adults on probation in Minnesota for drug offense as governing sentence (2016) & Rate per 1,000 Pop of juveniles on probation in Minnesota for drug offense as governing sentence (2016)

Source: http://www.sumn.org/data/location

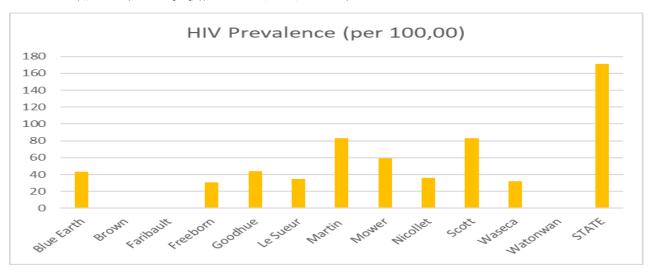
	Rate Per 1,000 Pop of Adults on Probation in Minnesota for Drug Offense as Governing Sentence	Rate Per 1,000 Pop of Juveniles on Probation in Minnesota for Drug Offense as Governing Sentence		
Blue Earth	7.40	1.00		
Brown	3.40	0.40		
Faribault	4.90	1.00		
Freeborn	5.00	0.70		
Goodhue	6.50	1.00		
Le Sueur	2.60	0.50		
Martin	6.40	0.90		
Mower	3.90	0.40		
Nicollet	3.40	0.50		
Scott	6.70	0.50		
Waseca	3.40	0.50		
Watonwan	4.00	1.90		
STATE	4.00	0.50		
* Highlighted cells indicate rate is higher than state rate				

Section #7: Sexual Activity, Sexually Transmitted Infections, and Contraceptive Practices Teen birth rate (overall, white, and Hispanic) (2010-2016) Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map

	Teen Birth Rate (Overall)	Teen Birth Rate (Hispanic)	Teen Birth Rate (White)		
Blue Earth	9	20	8		
Brown	18	56	16		
Faribault	22	59	18		
Freeborn	28	59	22		
Goodhue	17	42	14		
Le Sueur	15	48	12		
Martin	22	52	21		
Mower	29	68	20		
Nicollet	10	39	8		
Scott	9	30	7		
Waseca	17	69	14		
Watonwan	45	69	30		
STATE	17	N/A	N/A		
* Highlighted cells indicate rate is higher than state rate					

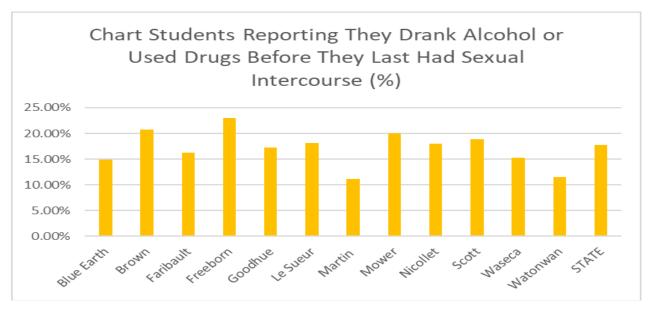
HIV prevalence (per 100,000) (2015)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map



Students reporting they drank alcohol or used drugs before they last had sexual intercourse (9th and 11th grade (2013)

Source: http://www.sumn.org/data/location



Pregnancy rates per 1,000 (ages 15-19) (2016) & Birth rates per 1,000 (ages 15-19) (2016)

Source: https://www.pediatrics.umn.edu/divisions/general-pediatrics-and-adolescent-health/programs-centers/healthy-youth-development-prevention-research-center/minnesota-adolescent-sexual-health-report

	Pregnancy Rates per 1,00 1,000 (ages 15-19) 15-19)			
Blue Earth	14.70	8.00		
Brown	12.30	11.10		
Faribault	26.80	19.50		

Freeborn	30.30	25.50		
Goodhue	24.00	19.30		
Le Sueur	11.10	8.90		
Martin	12.40	10.60		
Mower	24.80	22.30		
Nicollet	9.40	8.70		
Scott	10.20	6.50		
Waseca	6.60	4.90		
Watonwan	48.90 48.90			
STATE	17.20	12.60		
* Highlighted cells indicate rate is higher than state rate				

Chlamydia rate (ages 15-19 per 100,000 population) (2017) & Gonorrhea rate (ages 15-19 per

100,00 population) (2017)
Source: https://www.pediatrics.umn.edu/divisions/general-pediatrics-and-adolescent-health/programs-centers/healthy-youth-development-prevention-research-center/minnesota-adolescent-sexual-health-report

	Chlamydia Rate (ages 15-19 per 100,00 population)	Gonorrhea Rate (ages 15-19 per 100,00 population)		
Blue Earth	1706.70	101.40		
Brown	731.20	0.00		
Faribault	536.50	0.00		
Freeborn	2199.00	366.50		
Goodhue	1536.40	239.00		
Le Sueur	798.60	0.00		
Martin	0.00	0.00		
Mower	1124.90	225.00		
Nicollet	810.00	0.00		
Scott	1234.10	92.30		
Waseca	1283.20	0.00		
Watonwan	885.00	0.00		
STATE	1606.00	316.00		
* Highlighted cells indicate rate is higher than state rate				

Rates (per 100,000 persons) of Chlamydia (Total pop.) (2016) & Rates (per 100,000 persons) of Gonorrhea (Total pop.) (2016)

Source: http://www.health.state.mn.us/divs/idepc/dtopics/stds/stats/2016/table3std2016.pdf & http://www.health.state.mn.us/divs/idepc/dtopics/stds/stats/2016/table1std2016.pdf

	Chlamydia Rate (per 100,000 population)	Gonorrhea Rate (per 100,000 population)		
Blue Earth	555	53		
Brown	263	N/A		
Faribault	179	N/A		
Freeborn	259	26		
Goodhue	249	28		
Le Sueur	162	25		
Martin	202	N/A		
Mower	388	87		
Nicollet	309	34		
Scott	295	50		
Waseca	256	31		
Watonwan	232	N/A		
STATE	428	96		
* Highlighted cells indicate rate is higher than state rate				

Students who have ever had sexual intercourse (9th and 11th grade) (2016) & Among sexually active students: percent who used a condom during last intercourse (%) (9th and 11th grade) (2016)

Source: http://www.health.state.mn.us/divs/chs/surveys/mss/singleyr/index.html - 2016 Data

		re ever had sexual course	Among sexually active students: percent who used a condom during last intercourse		
	Grade 9*	Grade 11*	Grade 9** Grade 11*		
Blue Earth	8.0%	31.0%	62.0%	64.0%	
Brown	12.0%	39.0%	46.0%	55.0%	
Faribault	11.0%	36.0%	45.0%	67.0%	
Freeborn	16.0%	33.0%	61.0%	55.0%	
Goodhue	8.0%	42.0%	76.0%	64.0%	
Le Sueur	14.0%	40.0%	65.0%	63.0%	
Martin	15.0%	30.0%	59.0%	52.0%	
Mower	11.0%	35.0%	52.0%	53.0%	
Nicollet	10.0%	35.0%	55.0%	48.0%	
Scott	10.0%	33.0%	58.0%	69.0%	
Waseca	10.0%	41.0%	53.0%	63.0%	
Watonwan	18.0%	42.0%	50.0%	58.0%	
STATE	11.0%	35.0%	62.0%	61.0%	

^{*} Highlighted cells indicate percent is higher than state percent

^{**} Highlighted cells indicate percent is lower than state percent

Section #8: Healthcare System

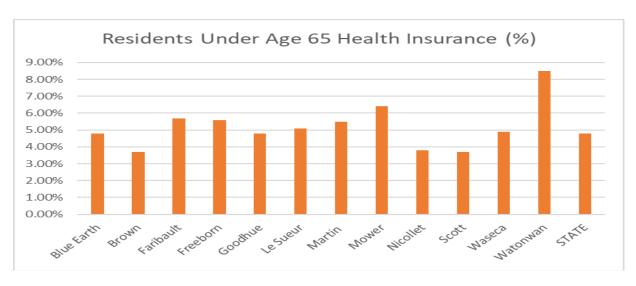
Primary care physician ratio (n:1) (2015); Number of primary care physicians (2015); Dentists ratio (n:1) (2016); Number of dentists (2016); Mental health provider ratio (n:1) (2017); Number of mental providers (2017)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map

	Primary Care Physician Ratio #:1	# of Primary Care Physicians	Dentists Ratio #:1	# of Dentists	Mental Health Provider Ratio #:1	# of Mental Health Providers
Blue Earth	1040	63	1210	55	410	163
Brown	820	31	1950	13	510	50
Faribault	2810	5	2320	6	2790	5
Freeborn	1530	20	2340	13	1050	29
Goodhue	1080	43	2330	20	1040	45
Le Sueur	9220	3	3070	9	3940	7
Martin	1250	16	1650	12	1040	19
Mower	2060	19	2060	19	1000	39
Nicollet	1010	33	1460	23	560	60
Scott	1670	85	2480	58	1090	132
Waseca	2710	7	2360	8	6300	3
Watonwan	3650	3	2180	5	1820	6
STATE	1110	N/A	1440	N/A	470	N/A
* Highlighted cells indicate ratio is higher than state ratio						

Residents under age 65 without health insurance (2016)

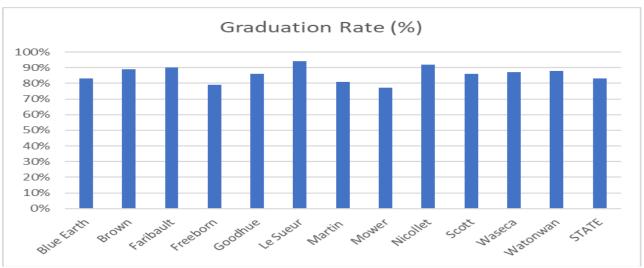
Source: https://www.mncompass.org/health/health-care-coverage#1-7468-g



Section #9: Social and Economic Factors

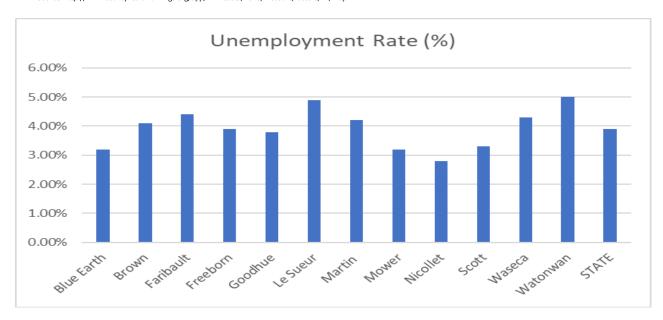
Graduation rate (2014-2015)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map



Unemployment rate (2016)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map



Children in poverty (overall, white, and Hispanic) (2016)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map

	Children in Poverty (Hispanic)	Children in Poverty (White)
Blue Earth	44%	7%
Brown	14%	9%
Faribault	54%	15%
Freeborn	21%	12%

Goodhue	10%	14%
Le Sueur	29%	8%
Martin	42%	15%
Mower	39%	10%
Nicollet	12%	7%
Scott	19%	5%
Waseca	13%	6%
Watonwan	33%	10%
STATE	N/A	N/A

Section #10: Maternal, Infant, and Child Health

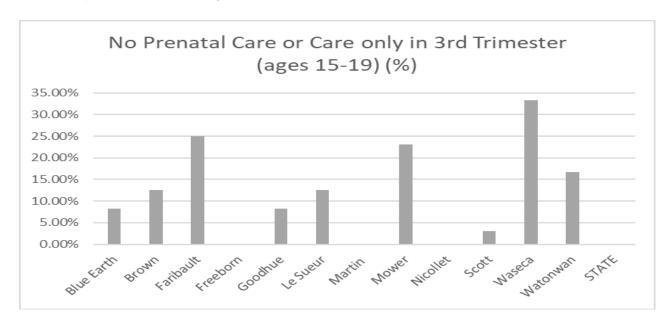
Low birth weight (overall, white, and Hispanic) (2010-2016)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map

	Low Birth Weight (%)	Low Birth Weight (Hispanic) (%)	Low Birth Weight (White) (%)			
	()	(110)	(**************************************			
Blue Earth	7%	9%	6%			
Brown	5%	N/A	N/A			
Faribault	5%	N/A	N/A			
Freeborn	7%	6%	7%			
Goodhue	6%	8%	5%			
Le Sueur	6%	N/A	N/A			
Martin	5%	N/A	N/A			
Mower	6%	6%	6%			
Nicollet	6%	N/A	6%			
Scott	6%	5%	6%			
Waseca	6%	N/A	N/A			
Watonwan	4%	5%	6%			
STATE	6%	N/A	N/A			
*Highlighted	*Highlighted cells indicate percent is higher than state percent					

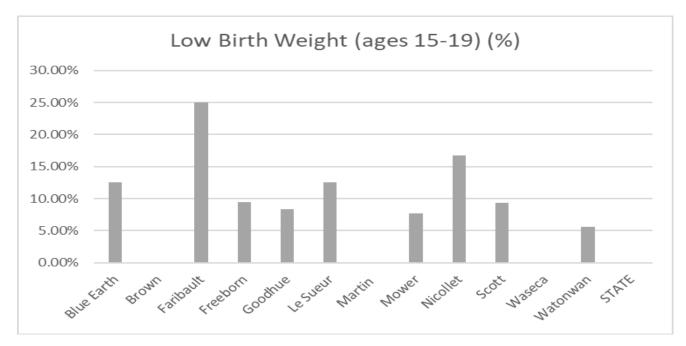
No prenatal care or care only in 3rd trimester (ages 15-19) (2016)

Source: https://www.pediatrics.umn.edu/divisions/general-pediatrics-and-adolescent-health/programs-centers/healthy-youth-development-prevention-research-center/minnesota-adolescent-sexual-health-report



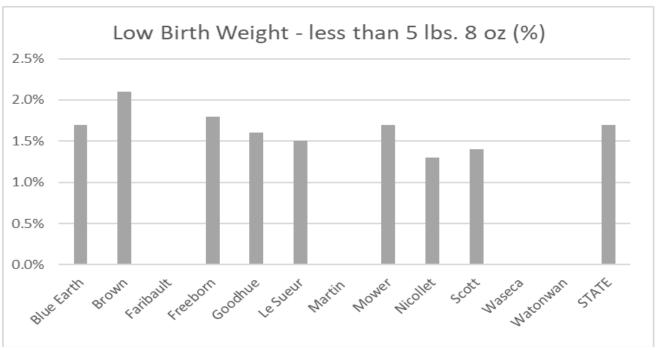
Low birth weight (ages 15-19) (2016)

Source: https://www.pediatrics.umn.edu/divisions/general-pediatrics-and-adolescent-health/programs-centers/healthy-youth-development-prevention-research-center/minnesota-adolescent-sexual-health-report



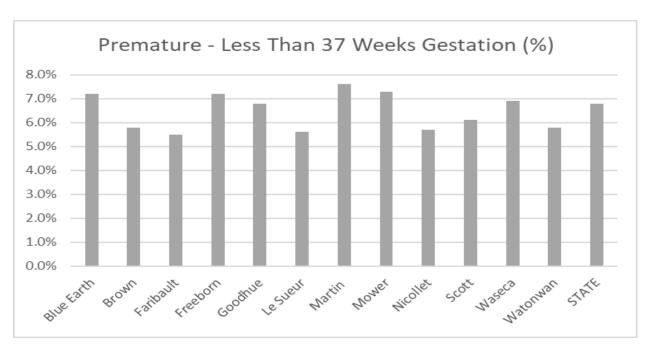
Low birth weight - less than 5 lbs. 8 oz (2012-2016)

Source: https://data.web.health.state.mn.us/web/mndata/topics#menu3



Premature - less than 37 weeks gestation (2012-2016)

Source: https://data.web.health.state.mn.us/web/mndata/topics#menu3



Section #11: Immigrant Populations

Place of birth for the foreign-born population in the United States (2016)

Source: https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?src=bkmk

	Total (n)	Europe	Asia	Africa	Oceana	Americas
	(11)	(n)	(n)	(n)	(n)	(n)
Blue Earth	2707	406	1121	731	11	438
Brown	533	145	109	4	0	275
Faribault	316	19	27	1	0	269
Freeborn	1202	88	242	120	11	741
Goodhue	1431	272	301	66	54	738
Le Sueur	779	72	81	37	0	589
Martin	480	52	107	14	1	306
Mower	3159	81	673	243	144	2018
Nicollet	1357	146	521	286	0	404
Scott	11159	1254	5326	1420	12	3147
Waseca	643	58	87	146	9	343
Watonwan	1225	20	76	8	0	1121
STATE	426691	45735	163447	92742	2107	122660

Primary refugee arrival to Minnesota by initial county of resettlement (n) (2016) & Secondary refugee arrival to Minnesota by initial county of resettlement) (n) (2016) Source: http://www.health.state.mn.us/divs/idepc/refugee/stats/16yrsum.pdf & http://www.health.state.mn.us/divs/idepc/refugee/stats/16yrsum.pdf

	Primary Refugee Arrival to Minnesota by Initial County of Resettlement (n)	Secondary Refugee Arrivals to Minnesota by County of Resettlement (n)
Blue Earth	27	33
Brown	0	0
Faribault	0	0
Freeborn	21	6
Goodhue	0	0
Le Sueur	0	0
Martin	0	0
Mower	44	0
Nicollet	14	36
Scott	43	1
Waseca	0	0
Watonwan	0	0
STATE	3186	977

	Total LEP (n)	Total LEP %			
Blue Earth	1039	1.70%			
Brown	336	1.40%			
Faribault	252	1.86%			
Freeborn	722	2.48%			
Goodhue	545	1.25%			
Le Sueur	547	2.10%			
Martin	301	1.55%			
Mower	2111	5.76%			
Nicollet	527	1.70%			
Scott	5492	4.40%			
Waseca	421	2.35%			
Watonwan	947	9.13%			
STATE	217737	4.33%			
*Highlighted cells indicate percent is higher than state					

percent

Section #13: Chronic Conditions

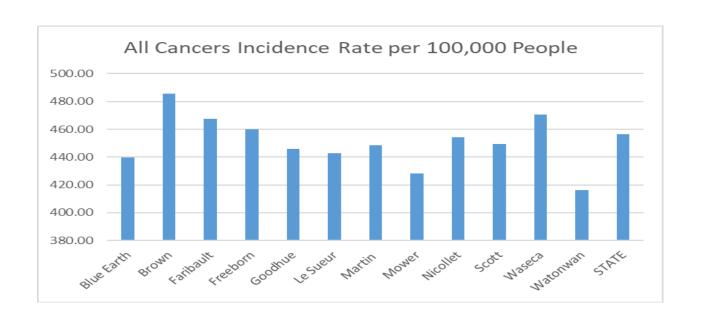
Top 10 leading causes of death - Cancer, heart disease, unintentional injury, Alzheimer's disease, diabetes, suicide, Parkinson's disease, liver disease and cirrhosis (2016)

Source: http://www.health.state.mn.us/divs/chs/genstats/countytables/profiles2017/cmort16pdf.pdf

	Cancer (n)	Heart Disease (n)	Unintentional Injury (n)	CLRD (n)	Alzheimers Disease (n)	Stroke (n)	Diabetes (n)	Suicide (n)	Parkinson's Disease (n)	Liver Disease & Cirrhosis (n)
Blue Earth	111	91	32	19	35	31	15	16	11	6
Brown	63	47	11	13	7	18	8	3	6	0
Faribault	35	48	6	16	2	10	7	2	8	2
Freeborn	79	82	29	19	16	17	7	3	4	1
Goodhue	103	108	28	25	26	23	9	6	6	5
Le Sueur	57	47	14	11	14	12	9	2	3	3
Martin	58	61	9	16	6	7	7	2	4	3
Mower	105	97	25	27	31	13	10	3	4	5
Nicollet	50	48	6	8	9	11	5	5	4	1
Scott	192	122	58	27	29	30	23	12	17	12
Waseca	39	38	7	10	7	8	6	7	4	1
Watonwan	18	28	5	10	1	7	3	3	0	0
STATE	9845	7823	2661	2368	2220	2197	1269	745	656	595

All Cancers Incidence Rate per 100,000 People (2010-2014)

Source: https://data.web.health.state.mn.us/web/mndata/cancer_query



County COPD Hospitalizations (n and age-adjusted rate) (2013-2015) Source: https://data.web.health.state.mn.us/copd_query

	Count (n)	Age-adjusted Rate			
Blue Earth	196	15.6			
Brown	87	11.2			
Faribault	83	16.7			
Freeborn	128	12.4			
Goodhue	189	14.2			
Le Sueur	65	9.3			
Martin	60	20.3			
Mower	248	23.3			
Nicollet	113	15.5			
Scott	836	15.9			
Waseca	69	14			
Watonwan	39	11.7			
STATE	17965	14.6			
* Highlighted cells indicate rate is higher than state rate					

Section #14: Dental

EPSDT/C&TC Eligible Minnesota health care programs children (age 20 and under) use of dental sealant services (2015); Dental service use among Minnesota health care programs enrollees (%) (2014); EPSDT/C&TC eligible Minnesota health care programs children (age 20 and under) use of dental services (2014); EPSDT/C&TC eligible Minnesota health care programs children (age 20 and under) use of preventive dental services (2014)

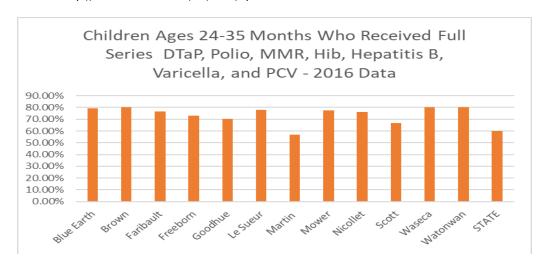
Source: https://data.web.health.state.mn.us/oral-health

	EPSDT/C&TC Eligible Minnesota Health Care Programs children (age 20 and under) use of dental sealant services)	Dental service use among Minnesota Health Care Programs enrollees	EPSDT/C&TC eligible Minnesota Health Care Programs children (age 20 and under) use of dental services	EPSDT/C&TC eligible Minnesota Health Care Programs children (age 20 and under) use of preventive dental services		
Blue Earth	5.10%	30.60%	37.80%	31.80%		
Brown	7.10%	34.20%	44.70%	41.50%		
Faribault	4.90%	28.20%	33.80%	30.30%		
Freeborn	5.00%	28.60%	33.90%	30.70%		
Goodhue	5.80%	28.00%	33.40%	29.10%		
Le Sueur	5.60%	28.90%	39.60%	34.20%		
Martin	6.40%	28.90%	35.10%	32.10%		
Mower	8.00%	28.00%	35.40%	32.50%		
Nicollet	5.50%	29.80%	38.00%	32.00%		
Scott	5.90%	33.30%	43.00%	35.40%		
Waseca	5.60%	33.80%	34.80%	31.00%		
Watonwan	6.00%	27.30%	35.60%	30.90%		
STATE	6.50%	32.40%	42.40%	35.20%		
*Highlighted cells indicate percent is lower than the state percent						

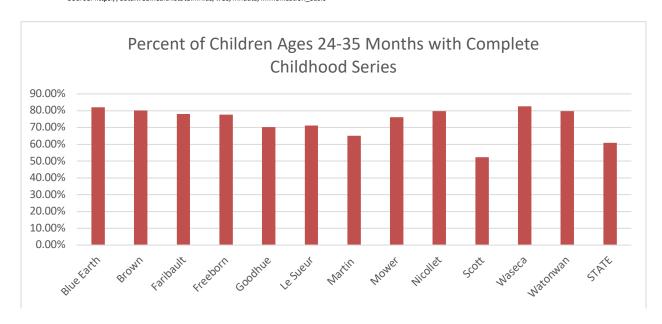
Section #15: Immunizations

Children ages 24-35 months who received full series DTaP, Polio, MMR, Hib, Hepatitis B, Varicella, and PCV – (2016)

Source: https://data.web.health.state.mn.us/web/mndata/topics#menu3



Percent of children ages 24-35 months with complete childhood series (2017)



Section #16: Hospitalizations and Emergency Department (ED) Visits

Asthma ER and hospitalization (per 10,000 age-adjusted) (2013-2015); Heart attack hospitalizations (per 10,000 age-adjusted) (2013-2015); Heat illness ED (per 100,000 age-adjusted) (2011-2015); Heat illness hospitalizations (per 100,000 age-adjusted) (2006-2015)

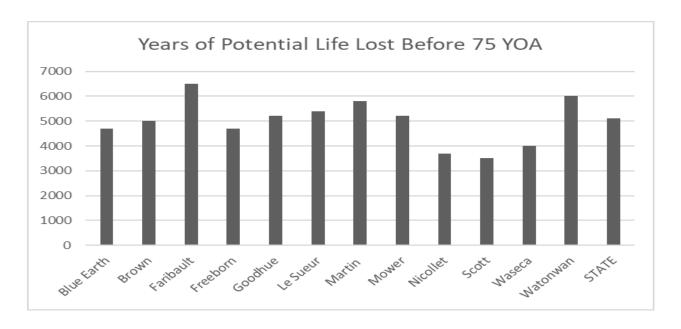
Source: https://data.web.health.state.mn.us/web/mndata/topics#menu3

	Asthma – ER	Asthma - Hosp.	Heart Attack – Hosp.	Heat-illness - ED	Heat-illness Hosp.	
	Per 10,000 age- adjusted	Per 10,000 age-adjusted	Per 10,000 age-adjusted, 35+ YOA	Per 100,000 age-adjusted	Per 100,000 age-adjusted	
Blue Earth	26.4	3.9	28.1	21.1	2.0	
Brown	26.1	4.4	38.3	40.5	2.5	
Faribault	40.1	4.1	33.4	19.7	1.0	
Freeborn	43.8	2.6	29.2	31.8	0.4	
Goodhue	53.1	4.6	28.8	26.1	1.3	
Le Sueur	33.0	3.3	28.2	39.5	1.9	
Martin	41.6	6.1	27.2	48.3	1.6	
Mower	41.0	3.1	28.1	28.7	1.5	
Nicollet	28.8	3.9	27.6	29.5	1.6	
Scott	30.4	4.6	34.4	22.3	0.8	
Waseca	40.9	2.9	38.1	40.2	2.1	
Watonwan	38.9	5.2	27.9	34.0	2.4	
STATE	39.1	5.6	26.1	16.7	1.5	
* Highlighted cells indicate rate is higher than state rate						

Section #17: General/Other

Years of potential life lost before 75 YOA (2014-2016)

Source: http://www.countyhealthrankings.org/app/minnesota/2018/measure/factors/11/map



Recommendations

The data presented herein can be used to identify multiple health-related problems. Selection and prioritization of health-related problems will be left to the individual stakeholders involved in the project. Prioritization processes may include, but are not limited to:

- 1) Ability to identify and address factors contributing to the problem
- 2) Existing resources
- 3) Severity of the problem
- 4) Pervasiveness of the problem
- 5) Time to devote to programing
- 6) Selectin of problems related to the mission, vision, and organizational goals of stakeholder organizations

Limitations

While secondary (existing) data can be useful for identifying health problems, several limitations should be noted. First, as is the case with most secondary data, the information is outdated. While efforts were made to use the most recent data available, the information from these sources may too have been several years old. Thus, the information may not show the current extent of existing problems. Second, while the data may show the extent of various health problems, the data does not identify factors contributing to the problem. Primary studies should be conducted to identify factors that may contribute to existing problems. Third, the data presented was based on numbers reported from secondary data sources and limitations that may have occurred during data collection may impact the true extent of the respective health problem. Fourth, the identification of existing health problems using secondary data is subjective in nature. There are multiple methods for establishing the existence of problems including comparing local data to state-level data, examining trends over time, comparing

local data to similar or surrounding areas, and examining how measures compare among various demographic variables. For the purposes of this needs assessment, local data was compared to state-level data. Other methods may be utilized in the future to assess the potential breadth and depth of existing problems.