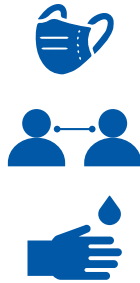


COVID-19 VS. FLU

COVID-19

FLU

Prevention



- Mask
- Social distance
- Hand washing
- Cough or sneeze into your elbow

- Hand washing
- Cough or sneeze into your elbow
- Vaccine

Symptoms



- Symptoms appear 2–14 days after exposure
- Cough
- Fever, chills, repeated shaking with chills
- Headache, muscle ache
- Nausea, vomiting, diarrhea
- Sore throat
- Shortness of breath, respiratory distress
- Loss of taste or smell

- Symptoms appear 1–4 days after exposure
- Cough
- Fever
- Headache, muscle ache
- Tiredness
- Nausea, vomiting, diarrhea (more so in children)
- Sore throat
- Shortness of breath
- Nasal discharge

How it spreads



- Close contact (within 6 feet)
- Coughing respiratory droplets
- Much more infectious!

- Close contact (within 6 feet)
- Coughing respiratory droplets

Treatment



- Rest
- Fluids
- Hospital (if seriously ill)

- Rest
- Fluids
- Hospital (if seriously ill)
- Antiviral drugs

Complications



- Lungs
- Kidneys
- Heart
- Brain
- Complications and death rates are higher for COVID-19

- Lungs
- Kidneys
- Heart
- Brain