

Red Wing

COURIER

Service Summary: Help deliver the mail to the different units/ departments of the hospital/ clinic.

- **Physical Requirements:** Good vision & hearing, ability to communicate in the English language, ability to read in the English language, 90% walking and 10% sitting. Ability to lift up to 20 pounds.
- **Minimum Age:** 16
- **Patient Contact:** Yes
- **Availability Needed:** On-going
- **Times Needed:**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning		✓	✓	✓	✓	✓	
Afternoon		✓	✓	✓	✓	✓	
Evening							

- **Contact:** Teresa Miller, Volunteer Coordinator, 651-385-3400 or miller.teresa1@mayo.edu