Noise-induced hearing loss is preventable. Know your risk of noise exposure.

Did you know?
Noise-induced hearing loss can be caused by a single exposure to an intense sound, or by repeated exposure to loud sounds over time. Your hearing may be at risk from daily exposures such as loud music, lawnmowers, noisy machinery and vehicles, and occupational noises.

Hearing loss from daily exposures can be prevented by:
- Understanding which noises cause damage
- Wearing ear protection
- Avoiding over exposure to loud noises

Schedule an appointment with your audiologist for your annual hearing screening and to learn more about hearing loss prevention.

For more information or to schedule an appointment, call the Department of Audiology at 608-392-9888.

Information reprinted with permission from Phonak.