What to know about Stroke

A stroke occurs **EVERY 4 SECONDS.**

On average, **EVERY 4 minutes someone dies of stroke.**²

**STROKE:**

- **NO.5 cause of DEATH**
- **NO.1 cause of DISABILITY** in the United States.²

Each year, **STROKE KILLS 2X AS MANY WOMEN as breast cancer.**²

**Up to 80% OF STROKES CAN BE PREVENTED** through lifestyle changes and medication if necessary.¹

**IN 2015,** Mayo Clinic Health System provided emergency care for **≥850 people** who had a stroke.

¹ National Stroke Association.
² American Stroke Association