

FOUNTAIN CENTERS

A Mayo Clinic Health System program for substance abuse and addiction

RECOVERY SUPPORT GROUPS

Recovery Support Groups are for anyone in recovery. They are peer-led groups that do weekly check-ins where they share their high points and low points of the week and how they handled them. Each participant is encouraged to identify and share weekly goals and they give and accept support from peers. All of the groups are held at a Fountain Centers location. Participants are asked to be sober to attend. Call 507-377-6711 with any questions.

Locations and times are:

Fountain Centers in Albert Lea
404 West Fountain Street
Currently on hold
[Phone 507-377-6411](tel:507-377-6411)

Fountain Centers in Austin
101 14th Street NW
Wednesday 10 a.m.
Wednesday 5:30 p.m.
[Phone 507-434-1890](tel:507-434-1890)

Fountain Centers in Fairmont
828 N. North Ave
Tuesday 10 a.m.
Tuesday 6:30 p.m.
Thursday 5:30 p.m.
[Phone 507-238-4382](tel:507-238-4382)

Fountain Centers in Faribault
2301 4th Street NW
Wednesday 9 a.m.
Wednesday 5:30 p.m.
[Phone 507-334-6413](tel:507-334-6413)

Fountain Centers in Mankato
101 Martin Luther King Jr. Dr.
Wednesday 5 p.m.
[Phone 507-625-3372](tel:507-625-3372)

Fountain Centers in Owatonna
134 Southview Street
Monday 5:30 p.m.
[Phone 507-451-0511](tel:507-451-0511)

Fountain Centers in Rochester
Cedarwood Plaza
4122 18th Avenue NW
Wednesday 5:30 p.m.
[Phone 507-252-0818](tel:507-252-0818)