

FOUNTAIN CENTERS

A Mayo Clinic Health System program for substance abuse and addiction

Substance Use Education 4 hour Chemical Awareness Workshop

Fountain Centers is offering this 4 hour Chemical Awareness Workshop for those who are beginning to experience early consequences of drug and alcohol use.

- Topics covered will include:
 - Problem Identification
 - Self-Assessment and lifestyle choices/decision making
 - Exploring personal values
 - Negative effects of nicotine
 - Identifying consequences of driving under the influence of drugs and/or chemicals
- **Cost of the program is \$50, cash only, due in full on night of session.**
- Space is limited. Call 507-451-0511 for program dates and to pre-register.
- A parent/guardian must attend with a minor.
- The class will take place at 134 Southview Street, Owatonna, MN 55060.
- Please arrive at least 30 minutes early to complete paperwork.